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# MQHA JOURNAL

MARITIME QUARTER  
HORSE ASSOCIATION



***May – June 2016***

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## A Message from the 2016 MQHA President

Greetings Everyone,

Our 2016, MQHA show season is fast approaching. Your Board of Directors have been working around the clock, with strong committees made up of energetic knowledgeable volunteers.

Our shows are booked for July 1st-4th and July 30th-Aug2nd, double judged/split combined. Sue Cameron has worked hard at securing these two long weekends with AQHA and PLP, in hopes the holiday weekends will make it less challenging to attend. We anticipate increased numbers again this year.

Every year the board is faced with new challenges, with that our main goal is still to provide a competitive, affordable, fun experience to all. The Maritimes offer some of the finest Quarter Horses, with superior breeding, amazing trainers and focused competitors. Our first Event of 2016 is the MQHA Equine Review April 30th-May 1st. Your coordinators for this year are Bonny Conrad, MQHA Member, along with Cecile Dykstra, MQHA Director. These two ladies have put their heart and soul into making this major fundraiser one to remember! Please reach out to these ladies and show your appreciation. Wally McNutt, long standing MQHA Director, has been so generous and has brought to us the head clinician "Tom McDowell" for this year's Equine Review. Jocelyn d'Entremont MacKenzie looked after all the posters and flyers, giving us a professional and eye-catching look. She has offered to do 2 clinics, which are booked with a waiting list. Jocelyn is also our youth director and has taken on the challenge of our, Used Tack Sale.

Jane Abbot has worked on bringing our website to a new level.. easy access with all your necessary info and a fresh look. Jane along with John Perkins and Vicki Mackenzie organize our clubs sponsorship program, a huge undertaking and requires efforts from us all. Our Spring General Meeting will be in Amherst, April 24th at the Super 8, please make an effort to attend and let your voice be heard.

I'm honoured to serve as your, MQHA President, and look forward to working with such a focused, enthusiastic, Board of Directors.

Come out and show your support, and best of all...See you in the SHOW PEN!!!!!!

Sincerely,  
Susan Chestnut

MQHA President

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# MQHA JOURNAL

## Advertising Rates

*\*\*All ads must be prepaid\*\**

Ad Size	1 issue		4 issues	
	Member	Non-Member	Member	Non-Member
Full Page	\$30	\$35	\$105	\$125
½ Page	\$20	\$25	\$70	\$90
¼ Page	\$15	\$20	\$50	\$70
Flyer	\$25	\$30	\$90	\$110
Business Card	\$50 per year			
Classified	\$10 for 20 words or less per issue. Members receive 1 free classified as per issue.			

**Sponsors receive ad space dependent on the amount of their annual sponsorship. Kindly contact the Sponsorship Board Member for further details.**

Ads are to be submitted to the JOURNAL **camera-ready**. Those requiring typing/design may be charged extra. Photos are normally scanned.

We are pleased to accept your contribution to our journal via e-mail. Our desktop publisher works with MSWord, Excel and Photoshop programs, so please make sure you send it in a compatible format. If you have any questions, please contact the Journal Coordinator.

***\*\*MEMBER RATE ONLY\*\****

Reduced rates for multiple pages:

First Page \$30

Second Page \$25

Each Additional Page \$20

**This Journal is published by the Maritime Quarter Horse Association and distributed by first-class mail to MQHA members.**

### **2016 MQHA JOURNAL DEADLINES:**

**July/Aug/Sept – Aug 17**

**Oct/Nov/Dec – Dec 1**

**To place an advertisement contact: [le.currie@unb.ca](mailto:le.currie@unb.ca)**



# SHOWING – AN INVESTMENT IN YOUR FUTURE WITH STEPHANIE LYNN

taken from [gohorshow.com](http://gohorshow.com)

Today, after struggling to get an answer from a customer service department, the thought occurred to me that the person in charge would make a lousy horse trainer. In fact, they would probably not be successful in the show ring at all!

People who show horses possess remarkable talents. The characteristics that make for success in the show ring are the same traits sought by employers, partners and leaders. Do any research on “characteristics of good ....” and you will see for yourself.

The traits employers look for are identical to those required by good riders to find success in the show ring – traits that are developed by people who show horses or any livestock for that matter.

Consider the following list gathered from numerous articles after doing a Google search for “characteristics of a good employee.”

## **Hard Working**

Imagine the success others could have if they invested the time and energy into their work that horse people invest in horse activities. Horse people are not afraid to get their hands dirty and find no task beneath their doing.

## **Self-Motivated**

Riders who continuously earn the highest scores are those who practice without being asked. They do not need to be told to ride without their irons, to practice setting their horse up or to work on the timing of a maneuver. They do it without asking. The most successful riders are hard to

keep OFF their horses.

## **Reliable**

Horses need care 24 hours a day, seven days a week. Horse people are responsible for their animals and put the needs of the horse above their own needs. They understand that an animal is dependent upon their care and show up ON TIME EVERY TIME – a quality each of us looks for in friends, partners, employees and especially in our leaders. It is a quality rarely found but it is prevalent in the horse world.

## **Communicator**

Riding is based on communication! It is the very essence of the sport. Without communication, riding cannot happen – it must be mutually understood. Good clear communication is the hallmark of a good rider.

## **Trust**

Another characteristic that must be reciprocated – horses must trust their riders and good riders must learn to trust their horses. Every relationship is built on trust and dependability. Good or bad, a person’s trustworthiness will determine the quality of relationships. It is also a predictor of future successes.

## **Ambitious**

No one who gets to the winner’s circle gets there by chance. Winners get ahead by setting goals and working hard for an end. They get back on the horse as many times as it takes to get the job done.

## **Action Oriented**

Riders get to the top of the judge’s card by taking the steps necessary to improve. They upgrade their horse, take lessons, seek alternate methods and get answers to their questions. They find out what is holding them back then attack the issue so they can overcome the shortfalls.

## **Multi-skilled**

Just think of all of the things a showman has to do and think about to put together a great run. Winners in the show ring are capable of hearing

the water truck driving up behind them, pressing their horse forward toward the jump, staying out the horse's way over the jump all while remaining confident in their delivery.

### **Positive**

Riders learn to carry themselves in a manner that begs for attention. It is how they make it to the top of the judge's card. Without a certain bearing, poise and confidence, they will not even get a horse to go around the arena much less get to the winner's circle. Riders learn to take charge and

confidently lead their horses.

The list goes on and on – but you get the point.

Riding horses builds character – the kind of character that success any arena requires. Next time you feel blue or unqualified for a position, remember all that the horses have taught you. If you are applying for a position, regardless of the industry, do not hesitate to list showing horses among your hobbies or work. Take pride in your riding accomplishments and the character time with horses has developed.







# COMMUNITY ROOTS\*

As a firm, we enjoy a long tradition of giving back to the communities in which we do business. Our programs and sponsorships are based in our core values and we are proud supporters of our communities through corporate programs, volunteerism and education initiatives. For business, doing the right thing is doing the smart thing.



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## Remembering Dear Friends

John and Wendy Perkins and the Butternut Stables crew recently lost two very dear members of our four-legged barn family. Dulys Devine Diva, aka “Diva”, sadly passed due to complications after the birth of her foal on January. 10<sup>th</sup>. Diva was born and raised at Butternut Stables and was sired by the Perkins’ stallion, My Daddys A Duly. She was a prominent member of the barn, known for her sassy attitude and love of her friend and pasture mate, “Maddie”. Although she will be missed, her surviving filly reminds us of her more every day. Named after her mom, “DD” has quite the spunky personality. After many hours spent bottle-feeding her I can enthusiastically say that I am excited for April when she will be fully weaned! (I am sure John agrees with me). We would like to thank everyone who has helped in the raising of this strong little filly; she has a bunch of great human “moms”.

Not long after the passing of Diva, we lost another cherished friend. Libby, our beloved farm dog, passed suddenly in late January. Besides being an esteemed fixture in the barn, Libby was like a child to John and Wendy, and very dear to all of our hearts. We seldom consider how much farm dogs mean to us until they are gone. I know that every day barn life is certainly not the same without her, and I can imagine horse shows will be very different as well. Libby spent many years sleeping in my tack stalls and sharing the back seat of the truck with me. We all miss her.

Again, thank you to everyone who has helped with DD, and to those who have sent kind words and their love. They are very much appreciated.

-Leah Currie



# Stealing the Showmanship

Taken from AQHA.com

It has become the catwalk of the horse show world. While **western pleasure** might have the most glitz and glamour, showmanship has the most attitude and style.

Exhibitors come out on top when they appeal not only to the critical eye – in terms of mechanics – but also to the more artistic eye – showing confidence, poise and flair. Showmanship can no longer be judged strictly on the correctness of a pattern; the competition has become much too tough for that.

“In showmanship, you can steal the class with your personality,” says Holly Hover, an all-around trainer from Cave Creek, Arizona. She relates placing a top-rate showmanship class to choosing from a menu at a five-star restaurant. “Someone might take the fish, I might take the chicken, and someone else, the veal – that doesn’t say any of the dinners are better than the others, just a different taste.”

“The first thing we do when we get to the show is look at the **pattern**,” Holly says. “If someone hand-scribbled ‘Showmanship – walk in, circle around, walk to the judge, walk out,’ it’s obvious to me this judge is not a **stickler for detail**. He’s wanting you to get in there, get the job done and get out. So do exactly that. Don’t make a big deal out of it.

According to Holly, this new element of top showmanship comes from the gut – it’s not something you can fake. It develops from experience, self-assuredness and the ability to

make a pattern flow into one motion.

“From a judge’s point of view, it’s extremely obvious,” Holly says. “It’s a confidence level that is hard to instruct.”

## Mastering the Parts

When a novice competes in showmanship, the movements tend to be mechanical. Most novices are taught to “talk to the pattern.” In other words, as you complete a maneuver, you talk yourself through it. “Begin at Marker A. Trot to Marker B. Stop. Set up.” It’s all very rigid. Holly compares this to when you first learn to cook.

“You are just happy to get the right amount of ingredients into the pot,” she says. “Then it just cooks – you’re not so concerned with flavor or presentation or it being exotic. You are just happy your macaroni and cheese is edible. As you advance as a cook, that becomes happenstance, and you start worrying about what will go with it, how it looks, how it smells and fixing it up.

“That’s how showmanship works. Novice is like a good, old, average macaroni and cheese. By the time you get to the advanced levels, it is exotic. All the basic parts are still there to make it edible, but now it has all this flavor and sensation that makes it stand out from something else.”

Holly says mechanical practice is the only way to start in showmanship. If you start a novice out thinking too abstractly, she says, he or she usually forgets parts of the pattern – a flaw that no amount of confidence or style can make up for.

Holly also notices a difference in the eye contact a novice has with the judge.

“I have tried telling my novices to look the judge in the eye, smile and enjoy what they are doing,” Holly says. “But they really can’t enjoy it or look the judge in the eye because they aren’t 100 percent confident. The only way to get confident



is by repetitively doing the patterns right.”  
Watching upper-level classes plays a large part in Holly’s novice showmanship program.

“I make them watch all the time,” she says. “I tell them to look for what clothes they like, what looks good, what they see. If you see a spark, imitate it. Develop a style by putting together all the parts you like. To visually imagine yourself as the best, you have to look around and see what is out there, because that is what a judge does.”



### **2015 Platinum Sponsors**

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## MQHA DUAL BREED AQHA/APHA SHOW

**DATES:** July 1<sup>st</sup> – 4<sup>th</sup> **Start: 8:30am**  
**PLACE:** Princess Louise Park Show Centre,  
Sussex NB

**MANAGER:** Susan Chestnut  
**SECRETARY:** SusanCameron

These are AQHA approved shows and follow rules in the AQHA Handbook. It is the responsibility of the exhibitor to know the rules. The following are reminders:

1. **Horses:** Registration papers or photocopies must be shown.
2. **Membership:** Exhibitor must have current AQHA membership card or purchase at show. Management will inspect the card.
3. **Youth** is 18 years of age or under as of January 1, 2015. **Youth/Novice Youth must** have AQHA Youth/Novice Youth card or purchase it at the show.
4. Stallions are NOT permitted in Youth classes.
5. **Amateurs/Novice Amateurs** must show **Valid Amateur / Novice Amateur Card** or apply at show. Amateurs must comply with ownership rules.
6. **Leases** as applicable per AQHA rules re showing non-owned horse are required and must be provided to Show Management. Leased horses are eligible for Year End Awards with MQHA.
7. **Novice Amateur and Novice Youth exhibitors may show a non-owned horse in Novice Divisions.**
8. **In-order to qualify for MQHA Hi-Point Awards, you must show in Halter plus a minimum of 3 performance classes in same division ( Open, Amateur, Youth, Rookie, Novice Am or Novice Yth.) All-Around standings for year- end awards, follow AQHA rules.**

### **Fees, Stalls and Info:**

1. Hay and feed will not be available for sale. Bedding is available for purchase at PLP and must be paid for prior to delivery to stall or you may bring your own Shavings or Chips **only**.
2. **Waiver:** You are required to sign a waiver stating sponsors, organizers, staff, MQHA, AQHA, do not assume responsibility for accident or illness to horses, attendants, riders, spectators, or others on the property or loss of / damage to equipment or personal belongings and that you assume all risks.
3. **Fees:**
  - a. Box Stall \$25/day Grounds fee \$25/day for horse not in stall. Book stall: 506-944-0318, or susanchestnut@hotmail.com Extra Night Stalls \$25.00 The fee for a double stall will be \$25 for the first stall and \$20 for the second stall
  - b. Tack Box \$25/day
  - c. Electrical - Trailer hookup \$25/day Full Service Hookup \$35/day
  - d. Office Fee: \$10.00 & AQHA Fee \$5.00 per horse per show. Class fee: \$10.00 per class. Flat Fee \$475.00 (includes single box stall, unlimited regular classes and show fees)
  - e. Small Fry is 12 and under, walk/trot only
  - f. MQHA requires ASTM/SEI-approved helmets in all AQHA Youth English classes including Small Fry and Lead-line.
  - g. MQHA requires all exhibitors show proof of liability insurance.
  - h. Futurity, fees/rules (see entry/futurity form)
  - i. If exhibitor shows in Performance class, they will be able to enter the coinciding halter class for Free
  - j. Anyone wishing to participate in the Walk Jog classes may NOT lope on the grounds
  - k. There will be a Mock HUS & WP Class with a \$5.00 fee proceeds will go to the Youth Association, Pay at the In gate

l. All Futurity Classes: All Futurity Classes must be entered no later than the evening prior to day of class.

Cheques payable to Maritime Quarter Horse Association No charge for scratched class if office is notified before class. Bills are to be paid cash, visa or cheque before leaving. Questions: Susan 506-944-0318



**APHA Futurities:**

- ❖ 300. MPHC Yearling Halter Futurity \$250. added
- ❖ 305. MPHC Yearling Lunge line Futurity \$ 250. Added
- ❖ 301. MQHA/ MPHC All Novice Showmanship Challenge \$250. added
- ❖ 303. MPHC Open Hunter Under Saddle Futurity \$250. added
- ❖ 306. MQHA/MPHC Amateur Trail Challenge \$250. added
- ❖ 307. MPHC Open Western Pleasure Futurity \$250. Added

**AQHA Futurities:**

- ❖ 302. MQHA/ MPHC All Novice Showmanship Challenge \$250. added
- ❖ 304. MQHA Non-Pro Canter For Cash \$250. added
- ❖ 302. MQHA Open Hunter Under Saddle Futurity \$250. added
- ❖ 306. MQHA/MPHC Amateur Trail Challenge \$250. added
- ❖ 308. MQHA Youth Western Pleasure Futurity \$250. added

1. A leased horse may be shown in the Open Futurity classes.
2. Owners, exhibitors and parent or guardian if exhibitor or owner is a minor are required to sign a waiver.
3. Entry deadline for the Futurity classes is no later than June 24<sup>th</sup>, you can enter the evening before the class is scheduled to run on the weekend of the show but will be considered a late entry and a \$10/per judge. Late fee will apply. Fees will be added to your show bill. There are no refunds for scratched money classes.
4. Office fees of \$10.00 per horse/per judge, apply to all entries. If the entry is entered in the regular show and has paid those fees they will not be charged a second time.
5. Placings will be calculated by converting each judge's placings into numerical scores. If the combined score results in a tied placing, then a tie-breaking judge will be used. First place ties will be broken.
6. Dispersal of prize money is as follows:
  - 1<sup>st</sup> judge - 25%, 2<sup>nd</sup> judge - 25%, Overall - 50%
  - 1<sup>st</sup> place – 38%, 2<sup>nd</sup> place – 24%, 3<sup>rd</sup> place – 17%, 4<sup>th</sup> place – 13%, 5<sup>th</sup> place – 8%,
7. 20% of the administration fees is held back by MQHA.

## **MQHA DUAL BREED AQHA/APHA Show**

JULY 1st-4th 2016

Class List

8:30 am Start

### **Friday & Sunday Classes:**

#### **300. MPHC Yearling Halter Futurity \$250. added**

1. AQHA Yearling Stallions
2. AQHA Two Year Old Stallions
3. AQHA Three Year Old Stallions
4. AQHA Aged Stallions
5. AQHA Performance Halter Stallions
- GRAND & RESERVE STALLION
6. AQHA Amateur Yearling Stallions
7. AQHA Amateur Two Year Old Stallions
8. AQHA Amateur Three Year Stallions
9. AQHA Amateur Aged Stallions
10. AQHA Amateur Performance Stallions
- AM GRAND & RESERVE STALLIONS
11. APHA Yearling Stallions
12. APHA 2 yr old Stallions
13. APHA 3 yr old Stallions
14. APHA 4yr old & older Stallions
- APHA Grand & Reserve Stallions
15. APHA Solid Bred 2 yr old & under Stallions
17. APHA Solid Bred 3 yr old & over Stallions
- APHA Grand & Reserve Solid Bred Stallions All Ages
18. APHA Amateur Stallions-All Ages
- APHA Grand & Reserve Amateur Stallions
19. APHA Solid Bred Amateur Stallions-All Ages
- APHA Grand & Reserve Solid Bred Amateur-All Ages
20. AQHA Yearling Mares
21. AQHA Two Year Old Mares
22. AQHA Three Year Old Mares
23. AQHA Aged Mares
- AQHA Performance Halter Mares GRAND & RESERVE MARES
24. AQHA Rookie Youth Mares
25. AQHA Novice Youth Yearling Mares
26. AQHA Novice Youth Two Year Old Mares
27. AQHA Novice Youth Three Yr Mares
28. AQHA Novice Youth Aged Mares
29. AQHA Novice Youth Performance Mares
30. AQHA Youth Yearling Mares
31. AQHA Youth Two Year Old Mares
32. AQHA Youth Three Year old Mares
33. AQHA Youth Aged Mares
34. AQHA Youth Performance Halter Mares
- YOUTH GRAND & RESERVE MARES

35. AQHA Rookie Amateur Mares
36. AQHA Novice Amateur Yearling Mares
37. AQHA ice Amateur 2 Year Old Mares
38. AQHA Novice Amateur 3 yr old Mares
39. AQHA Novice Amateur Aged Mares
40. AQHA Novice Amateur Performance Mare
41. AQHA Amateur Yearling Mares
42. AQHA Amateur 2 yr old Mares
43. AQHA Amateur 3 yr old Mares
44. AQHA Amateur Aged Mares
45. AQHA Amateur Performance Halter Mares
46. APHA Yearling Mares
47. APHA 2yr old Mares
48. APHA 3yr old Mares
49. APHA 4 yr old and older Mares
- Grand and Reserve Mares
50. APHA Solid Bred 2 yr old & under Mares
51. APHA Solid Bred 3 yr old & older Mares
- Grand & Reserve Solid Bred Mares
52. APHA Amateur Mares - All Ages
- Grand & Reserve Amateur Mares
53. APHA Solid Bred Amateur Mares-All Ages
- Grand & Reserve Amateur Solid Bred Mares
54. APHA Youth Mares 18 & under
55. APHA Solid Bred Youth under Mares 18 & under
56. AQHA Yearling Geldings
57. AQHA Two Year Old Geldings
58. AQHA Three Year Old Geldings
59. AQHA Aged Geldings
60. AQHA Performance Halter Geldings
- GRAND & RESERVE GELDINGS
61. AQHA Rookie Youth Geldings
62. AQHA Novice Youth Yearling Geldings
63. AQHA Novice Youth 2 Year Old Geldings
64. AQHA Novice Youth 3 Year Old Geldings
65. AQHA Novice Youth Aged Geldings
66. AQHA Novice Youth Performance Geldings
67. AQHA Youth Yearling Geldings
68. AQHA Youth 2 Year Old Geldings
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71. AQHA Youth Performance Halter Geldings
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72. AQHA Rookie Amateur Geldings
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77. AQHA Novice Amateur Performance Geldings

78.AQHA Amateur Yearling Geldings  
 79.AQHA Amateur Two Year Old Geldings  
 80.AQHA Amateur Three year old Geldings  
 81. AQHA Amateur Aged Geldings  
 82 .AQHA Amateur Performance Halter Geldings  
 AM GRAND & RESERVE GELDINGS  
 83. APHA Yearling & 2yr old geldings  
 84 .APHA 3yr old & older Geldings  
 APHA Grand & Reserve Geldings  
 85 .APHA Amateur Geldings  
 APHA Grand & Reserve Amateur Geldings  
 86. APHA Amateur Solid Bred Geldings-All Ages  
 APHA Solid Bred Grand & Reserve Geldings  
 87. APHA Youth Geldings-18 & under  
 88. APHA Tobiano Color Class (all ages & sexes except weanlings}  
 89. APHA Overo Color Class (all ages and sexes except weanlings)  
 15 Minute Showmanship Warm up  
 90. AQHA/APHA Small Fry Showmanship ( 12& under)

10 minute Showmanship Challenge Warm up

**301. MQHA/ MPHC All Novice Showmanship Challenge \$250. added**

91. AQHA Rookie Youth Showmanship  
 92. AQHA Novice Youth showmanship  
 93. AQHA Youth Showmanship  
 94..AQHA Rookie Amateur Showmanship  
 95. AQHA Novice Amateur Showmanship  
 96. AQHA Amateur Showmanship  
 97. APHA Amateur Showmanship  
 98. APHA Amateur Solid Bred Showmanship  
 99. APHA Youth Showmanship (18 & Under)  
 100.APHA Solid Bred Youth Showmanship (18 & under)  
 101. AQHA/APHA Lead Line (8 & under)

30 minute English Warm Up

**302. MQHA Open Hunter Under Saddle Futurity \$250. added**

**303. MPHC Open Hunter Under Saddle Futurity \$250. added**

102. AQHA Green Hunter Under Saddle  
 103. APHA Green Hunter Under Saddle  
 104. APHA Solid Bred Green HUS  
 105. AQHA Jr. Hunter Under Saddle

106. APHA Jr. Hunter Under Saddle  
 107. APHA Solid Bred Hunter Under Saddle ( all ages)  
 108. AQHA Rookie Youth Hunter Under Saddle  
 109. AQHA Novice Youth Hunter Under Saddle  
 110. AQHA Youth Hunter Under Saddle  
 111. APHA Youth Hunter Under Saddle(18 & under)  
 112.APHA Solid Bred Youth HUS (18 & under)  
**304. MQHA Non-Pro Canter For Cash \$250. added**  
 113.AQHA Rookie Amateur Hunter Under Saddle  
 114.APHA Amateur Hunter Under Saddle  
 115. APHA Solid Bred Amateur HUS  
 116. APHA Amateur Walt/Trot HUS  
 117.APHA Solid Bred Walk /Trot HUS  
 118.AQHA Novice Amateur Hunter Under Saddle  
 119. AQHA Amateur Hunter Under Saddle  
 120. AQHA Sr. Hunter Under Saddle  
 121. APHA Sr. Hunter Under Saddle  
 122. APHA Sr. Solid Bred Hunter Under Saddle  
 123.AQHA/APHA Small Fry Hunter Under Saddle  
 124.AQHA/APHA Small Fry Hunt Seat Equitation  
 125.AQHA Rookie Youth Hunt Seat Equitation  
 126. AQHA Novice Youth Hunt Seat Equitation  
 127. AQHA Youth Hunt Seat Equitation  
 128.APHA Youth Hunt Seat Equitation  
 129. APHA Solid Bred Youth Hunt Seat Equitation  
 130. AQHA Rookie Amateur Hunt Seat Equitation  
 131.AQHA Novice Amateur Hunt Seat Equitation  
 132.AQHA Amateur Hunt Seat Equitation  
 133.APHA Amateur Hunt Seat Equitation  
 134. APHA Solid Bred Amateur Hunt Seat Equitation  
 135. APHA Amateur Walk/Trot Equitation  
 136. APHA Solid Bred Amateur Walk/Trot Equitation  
 137.AQHA Open Hunter Hack  
 138. AQHA Green Hunter Hack  
 139.AQHA Rookie Amateur Hunter Hack  
 140.AQHA Novice Amateur Hunter Hack  
 141.AQHA Amateur Hunter Hack  
 142.AQHA Rookie Youth Hunter Hack  
 143.AQHA Novice Youth Hunter Hack  
 144. AQHA Youth Hunter Hack

Saturday & Monday Classes

8:30 am Start

**305. MPHC Yearling Lunge line Futurity \$ 250. added**

145. APHA Yearling In Hand Trail  
 146. APHA Solid Bred Yearling In Hand Trail  
 147. APHA Junior Trail  
 148. APHA Senior Trail

149. APHA Solid Bred Trail-All Ages

**306. MQHA/MPHC Amateur Trail Challenge \$250.  
added**

150. AQHA Green Trail

151. AQHA Rookie Youth Trail

152. AQHA Novice Youth Trail

153. AQHA Youth Trail

154. APHA Youth Trail (18 & Under)

155. APHA Solid Bred Youth Trail

156. AQHA Rookie Amateur Trail

157..AQHA Novice Amateur Trail

158. AQHA Amateur Trail

159. APHA Amateur Trail

160. APHA Solid Bred Amateur Trail

161. AQHA Open Trail

30 minute Western Warm up

162. APHA 2 Yr old Lunge line

163. APHA Solid Bred 2 Yr Old Lunge line

**307. MPHC Open Western Pleasure Futurity \$250.  
added**

**308. MQHA Youth Western Pleasure Futurity \$250.  
added**

164. AQHA Green Western Pleasure

165. APHA Green Western Pleasure

166. APHA Solid Bred Green Western Pleasure

167. AQHA Jr Western Pleasure

168. APHA Junior Western Pleasure

169. AQHA Rookie Youth W Pleasure

170. AQHA Novice Youth W Pleasure

171. AQHA Youth Western Pleasure

172. APHA Youth Western Pleasure (18 & Under)

173. APHA Solid Bred Youth Western Pleasure (18 &  
under)

174. AQHA Rookie Amateur Western Pleasure

175. APHA Amateur Walk/Trot WP

176. APHA Solid Bred Walk/ Trot WP

177. AQHA Novice Amateur Western

Pleasure

178. AQHA Amateur Western Pleasure

179. APHA Amateur Western Pleasure

180. APHA Solid Bred Amateur Western Pleasure

181. AQHA/PHA Small Fry Western Pleasure

182. AQHA/PHA Small Fry Horsemanship

183. AQHA Rookie Youth Horsemanship

184. AQHA Novice Youth Horsemanship

185. AQHA Youth Horsemanship

186. APHA Youth Horsemanship (18 & Under)

187. APHA Solid Bred Youth Horsemanship (18 &  
under)

188. AQHA Rookie Amateur Horsemanship

189. AQHA Novice Amateur Horsemanship

190. AQHA Amateur Horsemanship

191. APHA Amateur Horsemanship

192. APHA Solid Bred Amateur Horsemanship

193. AQHA Open Reining

194. AQHA Youth Reining

195. AQHA Amateur Reining

196. APHA Junior Reining

197. APHA Senior Reining

198. APHA Solid Bed Reining-All Ages

199. AQHA Open Western Riding

200. AQHA Youth Western Riding

201. AQHA Amateur Western Riding

202. AQHA Open Ranch Riding

203. AQHA Novice Youth Ranch Riding

204. AQHA Youth Ranch Riding

205. AQHA Novice Amateur Ranch Riding

206. AQHA Amateur Ranch Riding

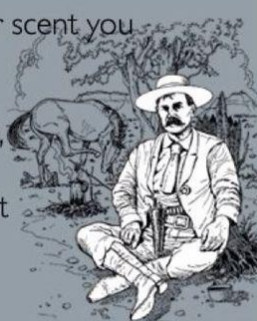
207. APHA Ranch Horse Pleasure-all ages

208. APHA Solid Bred Ranch Horse Pleasure -All  
Ages

What is my summer scent you  
ask?

Why that is flyspray,  
showsheen and  
pine shavings. I call it  
horse show.

your eCards  
someecards.com



## MQHA DUAL BREED SHOW Princess Louise Show Center, Sussex NB

Only one horse to each entry form, must be accompanied by, Registration papers, current APHA membership card. AQHA will be showing to 4 Judges, APHA will be showing to 3 Judges over the weekend.

### Judges:

July 1st-2<sup>nd</sup>: Lyle Jackson AQHA/APHA & Todd Bailey AQHA/APHA Cards

July 3rd- 4<sup>th</sup>: Sherry Johnson-Trafton AQHA & Rick Bailey AQHA/APHA Cards

### Back # \_\_\_\_\_ AQHA Entry Form

Horses Registered Name \_\_\_\_\_ Horse Leased Y/N

Registration # AQHA \_\_\_\_\_ Year Foaled \_\_\_\_\_ Sex \_\_\_\_\_ ROM Y/N

Owners Name \_\_\_\_\_ AQHA# \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Prov \_\_\_\_\_ Postal Code \_\_\_\_\_

Email- Address \_\_\_\_\_ Phone# \_\_\_\_\_

Circle: Open Amateur Youth NA NY Rookie

Exhibitor# 1 Information: Name \_\_\_\_\_ AQHA# \_\_\_\_\_ EXP \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Postal Code \_\_\_\_\_ Relationship \_\_\_\_\_

Email \_\_\_\_\_ Phone # \_\_\_\_\_

Please list class #'s for each day.

Fri											
Sat											
Sun											
Mon											

Circle: Open Amateur Youth NA NY Rookie

Exhibitor #2 Information: Name \_\_\_\_\_ AQHA# \_\_\_\_\_ EXP \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Postal Code \_\_\_\_\_ Relationship \_\_\_\_\_

Email \_\_\_\_\_ Phone # \_\_\_\_\_

Please list class #'s for each day.

Fri											
Sat											
Sun											
Mon											

### Show Fees:

Class per horse/judge \_\_\_\_\_ x\$10. \_\_\_\_\_

Office Fee per horse/judge \_\_\_\_\_ x\$10. \_\_\_\_\_

AQHA Fee per horse/judge \_\_\_\_\_ x\$5. \_\_\_\_\_

Box Stall Per Day \_\_\_\_\_ x\$25. \_\_\_\_\_

Tack Stall Per day \_\_\_\_\_ x\$25. \_\_\_\_\_

Camper Semi Service Daily \_\_\_\_\_ x\$25. \_\_\_\_\_

Camper Full Service Daily \_\_\_\_\_ x\$35. \_\_\_\_\_

Futurity Classes per judge \_\_\_\_\_ x\$30. \_\_\_\_\_

**All Inclusive Fee** (includes single box stall, unlimited reg class fees, and show fees) (Futurities, Tack stalls, and hook-ups not included in the all-inclusive fee)

**Must show a minimum of 4 classes per day, Friday - Monday to qualify for the all-inclusive fee!**

**4 Day Fee: \$475.00**

**2 Day Fee: \$250.00**

Sub Total \$ \_\_\_\_\_

13%hst \_\_\_\_\_

Total \_\_\_\_\_

Paid by Cash, Check or Visa

Please send Stall Requests by June 24th to:

**Susan Chestnut**

**1032 Riverview Dr E Apohaqui NB E5P 3P7**  
susanchestnut@hotmail.com 506-944-0318

Shavings can be purchased at PLP.

Will you attend a membership meeting during this show? \_\_\_\_\_



## MQHA DUAL BREED SHOW Princess Louise Show Center, Sussex NB

Only one horse to each entry form, must be accompanied by, Registration papers, current APHA membership card. AQHA will be showing to 4 Judges, APHA will be showing to 3 Judges over the weekend.

### Judges:

July 1st-2<sup>nd</sup>: Lyle Jackson AQHA/APHA & Todd Bailey AQHA/APHA Cards

July 3rd- 4<sup>th</sup>: Sherry Johnson-Trafton AQHA & Rick Bailey AQHA/APHA Cards

### Back # \_\_\_\_\_ APHA Entry Form

Horses Registered Name \_\_\_\_\_ Horse Leased Y/N

Registration # APHA \_\_\_\_\_ Year Foaled \_\_\_\_\_ Sex \_\_\_\_\_ ROM Y/N

Owners Name \_\_\_\_\_ APHA# \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Prov \_\_\_\_\_ Postal Code \_\_\_\_\_

Email- Address \_\_\_\_\_ Phone# \_\_\_\_\_

Circle: Open Amateur Youth Non-Pro

Exhibitor# 1 Information: Name \_\_\_\_\_ APHA# \_\_\_\_\_ EXP \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Postal Code \_\_\_\_\_ Relationship \_\_\_\_\_

Email \_\_\_\_\_ Phone # \_\_\_\_\_

Please list class #'s for each day.

Fri											
Sat											
Sun											
Mon											

Circle: Open Amateur Youth Non-Pro

Exhibitor #2 Information: Name \_\_\_\_\_ APHA# \_\_\_\_\_ EXP \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Postal Code \_\_\_\_\_ Relationship \_\_\_\_\_

Email \_\_\_\_\_ Phone # \_\_\_\_\_

Please list class #'s for each day.

Fri											
Sat											
Sun											
Mon											

### APHA Show Fees:

Class per horse/judge \_\_\_\_\_ x\$10. \_\_\_\_\_

Office Fee per horse/judge \_\_\_\_\_ x\$10. \_\_\_\_\_

APHA Fee per horse/judge \_\_\_\_\_ x\$5. \_\_\_\_\_

Box Stall Per Day \_\_\_\_\_ x\$25. \_\_\_\_\_

Tack Stall Per day \_\_\_\_\_ x\$25. \_\_\_\_\_

Camper Semi Service Daily \_\_\_\_\_ x\$25. \_\_\_\_\_

Camper Full Service Daily \_\_\_\_\_ x\$35. \_\_\_\_\_

Futurity Classes per judge \_\_\_\_\_ x\$20. \_\_\_\_\_

**Futurities are subject to a \$10.00 per Judge late fee if received after June 24th . Please send Futurity Entries to: Shonda Wilson 252 Ammon Rd Ammon NB E1G 3N8**

**All Inclusive Fee** (includes single box stall, unlimited reg class fees, and show fees) (Futurities, Tack stalls, and hook-ups not included in the all-inclusive fee)

**2 Day Fee: \$250.00 (Double judged)**

**2 Day Fee: \$125.00 (Single judged)**

To qualify for flat fees you must be entered in a minimum of 4 classes per day.

Sub Total \$ \_\_\_\_\_

13%hst \_\_\_\_\_

Total \_\_\_\_\_

Paid by Cash, Check or Visa

Please send Stall Requests by June 24th to:

**Susan Chestnut**

**1032 Riverview Dr E Apohaqui NB E5P 3P7**  
susanchestnut@hotmail.com 506-944-0318

Shavings can be purchased at PLP.

*I am a*  
**North Stream Member**



**506.459.8507** | [www.northstreamtack.com](http://www.northstreamtack.com)



| [nsfts@nb.aibn.com](mailto:nsfts@nb.aibn.com)

## *Butternut Stables*

**John and Wendy Perkins**

**Quarter Horses**

**18 Robertson Road**

**Hampton, N.B. Canada**

**E5N 6N9**

**Phone - (506) 832-3219**

**Fax - (506) 832-0721**

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★ **Tack shop**

★ **Lessons**

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[www.butternutstables.ca](http://www.butternutstables.ca)

# Halter Horse Training- Your Space, My Space

By AQHA Professional Horseman Jason Smith  
(taken from AQHA.com)

Whether you call it “shouldering in,” “crowding the handler” or “falling into you,” it’s a habit that needs to be stopped. Listen to what Jason has to say about teaching your horse to respect your personal space.

## The Right Place to Learn

When you have a horse that’s shouldering in on you, you can’t correct it at the horse show. It needs to be worked on at home. The first time you work with a horse, you need to be in a confined area like an arena or a fenced-in pen, especially with a young animal. If for some reason something happens, and she gets away from you, you don’t want to be out in the open.

## The Handler’s Space

First, you have to understand that your space is from about the ear back to the withers, so you should be standing right behind the poll or toward the middle part of the neck. You want to be no farther than a foot away from the horse, in that space. You don’t want yourself ahead or in front of the horse because if she should rear, you’re going to get pawed in that position. If you get behind her withers, she can kick you. I’m not saying you won’t ever get hurt in your space, but

if she does paw or kick, chances are it’s not going to hurt as bad. When I walk, my position is still the same; I’m still in this area between the ear and the withers. I stay in this same position to correct the horse.

## When You’re Leading

When you’re leading a horse, it’s just like riding; you don’t want the horse’s shoulder to drop. You want her shoulder upright, and you want the horse moving square. If the horse doesn’t respect her space or your space, she can’t be square and travel even. You want her upright and square, traveling the way she would if you were riding her. You want to accentuate her movement, just like you would with a pleasure horse. To keep that horse’s shoulder upright, you have to be going forward.

As soon as a horse shoulders in on me, I’ll give her a little tug on the shank to get her attention, and then I will push her away from me, either backing a few steps or turning to the right or sometimes both. Backing her up teaches her she’s not supposed to push on me. And turning her to the right keeps her shoulder up so she’s not shouldering in on me. As soon as you get her upright and push her away, her shoulder automatically tilts back up. If she’s not responding, moving to where I want her to go, I push her really hard with the chain. As soon as she does respond, I take the pressure of the chain off.

Everything I do in correcting that horse is all from my same space.



# MQHYA *Youth News!*

## MQHYA Youth Weekend:

On March 19<sup>th</sup> and 20<sup>th</sup> the MQHYA held its Youth Weekend for 2016! The purpose of the weekend was to bring together horse show friends and have some fun hang out time along with some educational activities. A great opportunity to see your “away” friends over the winter! Nine youth registered and attended the event, an increase in attendance from recent previous years!

The weekend was laid back and casual, with swimming and hot tub time to kick off Saturday. The youth enjoyed sit down meals together and had some GREAT team building in the evening bowling! It was amazing to see these kids come together and own their own build teams and support each other no matter whose side they were on. They had so much fun cheering, dancing, and pigging out! There was a sleepover at Jocelyn’s house where they chatted and stayed up late watching movies.

Sunday morning started with a group breakfast and nutrition lecture. The youth were very attentive as

they engaged in conversation with a certified nutritionist about the importance of eating healthy during our long hot show days and travelling on the road. They worked on strategies for meal and snack times to keep their bodies fuelled properly to handle what we put ourselves through! They were able to do a scavenger hunt through a grocery store looking for healthy choices and problem solving as a team. The youth enjoyed this talk and responded very positively!

In the afternoon they headed out the mall and spent some more time hanging out as friends before heading home. I loved hearing them plan out things for the summer and come up with some cool and awesome ideas for fun at the shows. I am so glad we were able to bring in kids from both NS and NB together to enjoy their time together on this weekend! It was enjoyed by all and it really got them all excited to get show season underway! Can’t wait to do it again next year!

Jocelyn Mckenzie – MQHA Youth Director



**We are looking for more youth members.**

**Please contact us if you are interested. Everyone is welcome.**



## Traveling Members

The Maritime Quarter Horse Association is proud to announce the following members who will be traveling to represent our club at international shows. We wish you the best of luck!

### The 2016 Youth World Cup – Madison Holmes



The Youth World cup is a prestigious horse riding event held every second year in a different location around the world. Each of the 14 participating countries, have their own team. Canada's team consisting of five riders chosen from across the country, and then a few alternate riders and leadership members as well. The teams draw for a heard of horses that none of the participants have seen or ridden before. This is a huge part of the event. It really shows the riders true riding abilities. It challenges them to adapt to their new horse and create a strong bond. The teams have a week for each rider to train with their horse, with the assistance of the team coach and clinicians. Then, competing in a two day competition against the other teams with their new mount; striving to grasp the gold medal in the array of disciplines offered at this event: cutting, reining, horsemanship, trail, ranch riding, hunt seat equitation, hunter under saddle, and showmanship. As the Australian quarter horse association says, the youth world cup puts the "Worlds' best youth through their paces".

The process to apply for this national team has many components. A video of the applicant riding to their best ability on a variety of horses

in a variety of disciplines is one of the sections. The video is to show the riders complete ability as best possible. The applicant also needs to provide a proven list of all the AQHA points they have earned on all the horses they have shown in the past, as well as written letters of recommendation from others who can speak as to what the applicant is like, and a letter and audible interview from the applicant themselves. Team Canada looks for riders who are competitive in many different categories, who have experience riding and showing at high calibre horse shows, are mature, and can take coaching and riding advice.

I have the privilege to have been chosen to be one of the riders for team Canada, heading to Tamworth Australia in June 2016 for this international showdown, the 2016 American Quarter Horse Youth World Cup.

My name is Madison Holmes, and I am a 14 year old girl from new Glasgow Nova Scotia. I have been riding for longer than I can remember, my first show being when I was 4. I train with AQHA judge Derek Hanscome at East Coast Quarter horses, riding a variety of horses in an array of disciplines, from 17.3 English horses to 15.1 all around mares, to 4 year old ranch riding horses. I am in grade 9 at Northumberland Regional High School and play volleyball with the school and in a club team. The application was a big job, but a very rewarding one for certain. The youth world cup has been a long term goal of mine, I would have been ecstatic to be chosen as an alternate rider at the most, so being chosen as a full rider is such an honor and thrill. Emily Sullivan and Melissa Hanscome, former team Canada members, were examples of where my show career could take me, and I liked what I saw, so I strived to follow in their footsteps and made it to team Canada. The other riding team members are Hannah Bujis (ON), Haley Franc (SK), Makenzie Inksater (BC), and Megan Komori Kennedy (BC). The alternate riders are Ruth Enns (MB), and Melanie Trolley (ON), the leadership members are James Heitzner (ON), and Cheyanne Izon (ON), the team



coach is Cristine Little (MB) and the team manager is Donna Sagin (MB).

The cost of this trip is colossal, all of the team members are working hard to fundraise as much as possible. We are seeking sponsorships, selling clothing, and other fundraising efforts. Feel free to contact me through email,

[shortiandelle@hotmail.com](mailto:shortiandelle@hotmail.com) by phone 902-755-6588 or on my facebook account, or the teams at Team Canada – AQHA Youth World Cup 2016. We will gratefully accept any financial assistance, big or small.

### **Nutrena East Level 1 Championships – Leah Currie**



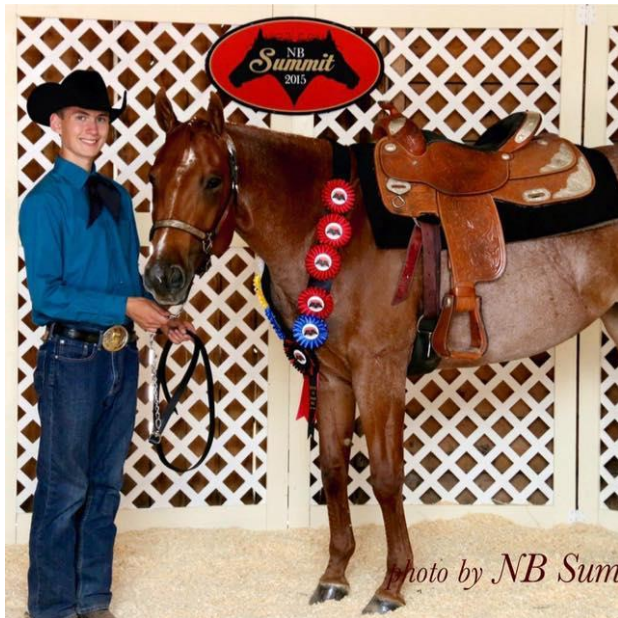
My name is Leah Currie. I am a 21-year-old university student at the University of New Brunswick Saint John. Currently, I am in my fourth year of my biology degree, and hope to eventually study veterinary medicine.

I began showing Quarter Horses at MQHA shows when I was eight years old, and have spent few summers away from the show pen ever since. I am thrilled to have the opportunity to travel to Raleigh, North Carolina to compete at the AQHA Nutrena East Level 1 Championship show in May. My trainer, John Perkins, is graciously allowing me to show his personal horse, RR Are You Certain. “Brady” is a 2011 chestnut gelding by Certain Potential. He was the 2015 Junior All Around Horse for MQHA, winning in english, western, and trail classes.

We will be competing in Level 1 western pleasure, hunter under saddle, horsemanship, equitation, and performance halter geldings at Nutrena East. I am very excited to show this talented gelding and am looking forward to the memories I gain from this experience.



## Nutrena East Level 1 Championships – Keylor Perry



My name is Keylor Perry. I am a 16 year old student at Kennebecasis Valley High School. I've been riding at Butternut Stables for five years.

When I first started riding I would have never expected be riding at the level I am today. I'm excited to say that we will be traveling to Raleigh, North Carolina to compete in the Nutrena East Level One Championships in May. I will be taking my talented mare, Dee Bella Zippo. "Harriet" is a 2011 red roan mare by Zippos Mr Good Bar. We had a wonderful show season last year; we were MQHA Reserve Champion All Around Level 1 Youth and did exceptionally well in all of our classes that we showed in.

Under the guidance of my incredible trainer John Perkins, "Harriet" and I will be showing in the western pleasure, horsemanship, halter and showmanship classes at Championships. I am thrilled be able to attend this show with such amazing friends and family. I look forward to the amazing memories that will be made at the Nutrena East Championships.

Good Luck!



Somewhere in time's own space  
There must be some sweet pastured place  
Where creeks sing on and tall trees grow  
Some paradise where horses go,  
For by the love that guides my pen  
I know great horses live again.  
~Stanley Harrison



# Warm-Up Ring Etiquette

By Lauren Crivelli (taken from CompetitorCentral.com)

Warm-up arena etiquette is something that oftentimes gets overlooked, but can be a major factor in the quality of a rider's experience at a show. The warm-up arena is crucial for preparing your horse for the show pen. Feeling safe and feeling like you can accomplish what you need to are a must.

At major shows, you can expect dozens, if not hundreds, of horses in the warm-up arena at once. These horses and riders may be practicing for different disciplines which can make working together cohesively, difficult. We have created a list of vital considerations that riders should take into account when walking into the warm-up arena. Abiding by these few things will greatly enhance your experience as well as those you are riding with.

## 1. Be aware of your surroundings

There are a million things going on at once in the warm-up pen. It is easy to get wrapped up in what you are working on with your horse. Be aware of other horses and people on all sides of you. If you are about to pull your horse to a stop, be aware of who is coming up behind you and how fast they are going. If you are going to steer in for a circle, make sure there is no one to your side that could potentially "T-bone," you.

## 2. Don't be on your phone

Just like driving a car, distracted riding is not safe riding. Your phone takes you away from the immediate happenings of the warm-up pen, causing you to miss a warning sign from someone coming your way or causing you to accidentally walk into someone. If you need to make a call or text, pull over to the side of the arena and put your horse in park.

## 3. Be courteous to those around you who may not be paying attention

In a perfect world, every rider will be a

tune to their surroundings. However, that is not always the case. Be aware of those who may not know the rules and may be wrapped up in their own situations. It is much easier to guide your horse away from a potential issue than to simply hope the other person will look out for you.

## 4. Go with the flow

This is one of the easiest rules to follow and can make the biggest difference in your warm-up experience. Often times, horses and riders will be going a specific direction. Reiners and Cow Horses, for example, may be circling to the right at the top of the arena, and circling to the left at the bottom of the arena. Go with the flow of traffic and do not try to go the opposite direction. When it is time for stopping, take that time and stop your horse, do not attempt to continue circling. Cutters will be loping a specific way as well. Go that direction until it is time to work in the the other direction. Faster gaits will work on the outside gradually working down to a walk in the middle.

## 5. Stationary maneuvers should be done away from traffic

Whether you are letting your horse air up, working on their patience or finessing a turn, keep these maneuvers out of the line of traffic. Move to the center or side of the arena, depending on which is less crowded. You will be able to focus on your horse without worrying about being run into.

## 6. Be heard, but be polite

Don't be afraid to be heard in the arena. You may be loping and need to move to one side of someone you are coming up on. Let them know by simply saying, "on your outside" or "on your inside" and ride on by. If you are fencing and fear you may run into someone, let them know by saying "heads up". In all of these encounters, please be polite. We are all trying to enjoy ourselves and work with our horses.



## **7. When on foot, the horse always has the right of way**

Whether you are walking on foot through the arena to hand someone a bridle or you just finished riding your horse and want to lead him out of the arena, be aware of the horses being worked around you. They are moving at a faster speed and it is more difficult for them to stop than it is for you. Look both ways before trying to pass through the line of travel. If someone is coming, they have the right of way. Once you have an opening to pass through, move with some gumption so you do not risk a collision.

## **8. Wait your turn**

It can be difficult when you have a limited amount of time to prepare your horse, but you must wait your turn. If you need to work the flag before your run, talk to the person in charge well

in advance so you can get on the list at the appropriate time. This will lower your stress level and those around you. If you are trying to practice your run-in, wait in line to avoid any crashes.

## **9. Lunge in designated areas**

If you need to lunge your horse before you show, be sure to take them to the designated lunging arena. Wait your turn and respect the boundaries that you may lunge your horse within. Do not try to lunge your horses in a warm-up arena that is filled with people riding their horses.

## **10. You are an ambassador for the sport**

Each and everyone of us are an ambassador for the sport of horseback riding. How we treat each other and our horses reflects upon the industry as a whole. There may be people who are in the warm-up pen, or watching, for the first time. Let's make this a great experience for everyone.





## MQHYA Membership Form 2016

*Where success is not measured by ribbon and points, but by smiles and opportunities.*

The 2016 membership fee is \$5.00 and you must be a current member of MQHA.

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Date of Birth \_\_\_\_\_

Do you have a Quarter Horse? \_\_\_\_\_ Do you show your Quarter Horse? \_\_\_\_\_

What are your favourite classes? \_\_\_\_\_

Are you be interested in participating in Youth Team Tournaments? Yes No (Circle One)

Would you be interested in participating at Congress? Yes No

Are you interested in a Youth Weekend? Yes No

When: \_\_\_\_\_

What would you like to do that weekend? (ex. lectures, games, mini clinics)

\_\_\_\_\_

Are you interested in participating in Fund Raisers and what kind of Fund Raisers?

\_\_\_\_\_

What would you like to do in the evenings at shows?

\_\_\_\_\_

**Thank you and Welcome to MQHYA!**

Please return this form and your membership fee (payable to MQHA) to:

Maritime Quarter Horse Youth Association

c/o Pamela Young

2276 Lakewood Road, RR # 2, Centreville, NS B0P 1J0

Or scan and email the form and email transfer the fee to [pabbott-young@ns.sympatico.ca](mailto:pabbott-young@ns.sympatico.ca)

# 2016 MQHA Membership Form

New Application		Renewal	
<input type="checkbox"/> Individual Membership (\$30)	<input type="checkbox"/> Individual Membership (\$30)	<input type="checkbox"/> Individual Membership (\$30)	<input type="checkbox"/> Individual Membership (\$30)
<input type="checkbox"/> Family Membership (\$40)	<input type="checkbox"/> Family Membership (\$40)	<input type="checkbox"/> Family Membership (\$40)	<input type="checkbox"/> Family Membership (\$40)
<i>NOTE: A family membership consists of two adults and youth aged children all residing in the same household.</i>			

Please indicate the Category of each individual using the category codes as follows:

O – Open	A -Amateur	NA – Novice Amateur	Y - Youth	NY – Novice Youth
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Last Name	First Name	Date of Birth (Youth Only)	Category

## Contact Information:

Address: \_\_\_\_\_

\_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Do you wish to receive your newsletter via e-mail? (check one)	Yes	No
Areas of interest (list here) :		
Are you willing to be a volunteer in the areas that interest you?	Yes	No
Are you willing to help in finding sponsorship for the Association?	Yes	No

The MQHA is committed to ensuring the privacy of its member's personal information. The information provided on this form allows the MQHA to inform you about events and activities and to notify you of issues, events or special offers which may be of interest to you. By becoming a member, you are giving the MQHA permission to contact you by way of the information you provide. The information on our membership list will be kept confidential and is only made accessible to members of the MQHA Board of Directors in order to conduct MQHA business and will not be available for outside commercial purposes. By signing this form you agree to these terms on behalf of yourself and any other family members listed above.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Membership applications will be processed upon receipt of the appropriate fees. Make cheques payable to:

Maritime Quarter Horse Association

c/o Pamela Young

2276 Lakewood Road, RR #2, Centreville, NB B0P 1J0

Or scan and email the form and email transfer the money to [pabbott-young@ns.sympatico.ca](mailto:pabbott-young@ns.sympatico.ca)



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Hannah & Kenny Searle

#### ***Attention all Members and New Members 2016***

***MQHA is adding some extra incentives for  
their members in 2016 regarding  
membership and collecting sponsors!***

***For every new member that a member  
brings to the association, their name will be***

*put in for a draw of a Portrait. The new  
members name will also be added to the  
draw.*

*Example: If you encourage a person to join  
the association just tell them to  
say who encouraged them to join and your  
name will go in for the draw.*

*Members must be in attendance at the Year  
End Banquet for the draws.*

*The sponsorship committee members are  
omitted from draws.*

# MQHA *Equine Review*

April 30-May1 2016

## CLINICS

**Tom McDowell** *Reining & Horsemanship*  
**Jocelyn McKenzie** *Ranch Riding & Showmanship*  
**Shandi Mitton** *Equitation and Horsemanship*  
**Lesley Elchuck** *Western Dressage*

## DEMOS

*Equine Massage Therapy with*  
**Christa Veinotte**  
*Farrier Q&A with*  
**John Blair**  
*Native Arabian Costume with*  
**Excell Equestrian Centre**  
*Cowboy Mounted Shooting with*  
**Kristen Beck**

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# Five Key Components for Mental Preparation in the Show Arena

By Tara Costello (taken from gohorseshow.com)

Do you see yourself as an athlete and a performer? From my experience, some equestrian performers see their horse as an athlete, but not necessarily themselves. However, I dare to say that if you are competing in horse shows, you are an athlete and performer. And you can learn from other top performers how to have a great mindset for showing.

Top performers take the time to reflect on the thinking processes and develop the mental skills and habits that can help them be at their best in key moments! It is true that with experience, people gain more emotional composure and confidence. However, it has been shown time and time again that less experienced competitors can mature their confidence and composure at a faster rate with mental game development.

As sport psychology experts Terry Orlick and John Partington write, “Many highly successful athletes felt that they could have reached the top much sooner if they had worked on strengthening their mental skills earlier in their careers...”

And I would add that even the veterans in a sport can still learn and grow. As part of my master’s program, I studied the mental process of an elite cardiac surgeon. He is a top performer in his field, and mental preparation is part of his success. You want to talk about pressure in the moment. He always has someone’s life or death in his hands. What is the mind-set you would hope a surgeon would have? Expectations to win every time, and a preparation process to optimally prepare his mind and body. I can tell you this surgeon’s preparation included thoughtful preparation every step of the way, including

efforts to create a positive team environment, the right mood music, and detailed mental rehearsal. Learning how to create and commit to the mindset that works for you can lead you to have the results you dream about. Let’s start with a mental mistake I see quite often with performance horse competitors and other athletes alike in terms of mental preparation and how to change it. A mistake I see quite often is not having a consistent pre-competition routine that includes mental components, or having one and not following it.

Think back for a moment to the surgeon... Would you want to be under the knife of a surgeon who wasn’t mentally prepared, or who didn’t review / visualize properly all the steps in the procedure with confidence and feel? Who wasn’t attentive to his thoughts, emotion or attitude going in? Who didn’t try to create a positive feel and atmosphere for his team with the right kind of encouragement? You have to first recognize that mindset does matter. If you get overly stressed or tense and do not acknowledge this, or you are missing as part of your preparation fundamental mental components, results will be more inconsistent. I have seen many horse show competitors and athletes in other sports not advance or place higher than they were capable of, because of poorly executed pre-competition preparation.

Mental steps are not necessarily hard to implement; it is just that there is often a lack of knowledge and planning on how to bring fundamental mental preparation steps together to support both horse and rider to really be at their best.

We have a saying in my field of work – if you have a weak routine, expect weak or inconsistent performances. Without a good routine — without positive thinking and mental



skills established — expect to be more easily rattled, intimidated, psyched out or simply not maximally prepared.

A good mental preparation routine will lead you to greater composure, focus and confidence. It is a combination of physical readiness steps plus strong mental skills and reminders, sequenced thoughtfully leading up to “show time”.

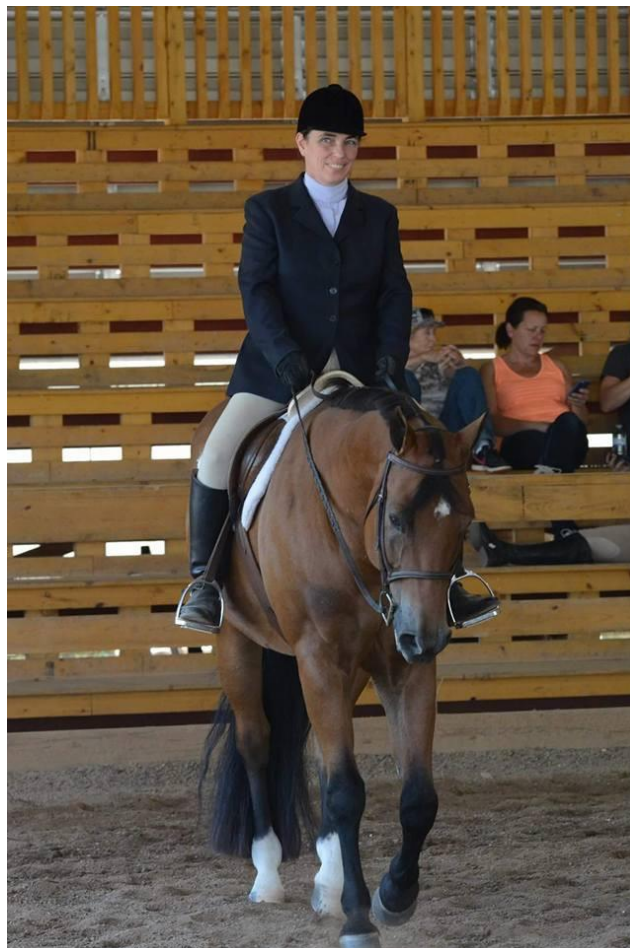
**Number 1** – Train your brain away from remunerating thoughts that start with “should of” or “could of”. If there are things you need to improve or do differently, save collecting those ideas for after the ride or show.

**Number 2** – Engage mental and physical rehearsal for both horse and riders of key elements so that both horse and rider have “feel” for movements required, i.e. turns, transitions, back-ups.

**Number 3** – Identify and use simple key word reminders as part of your mental rehearsal for executing the ride you want to have, i.e. “slow and steady”, “smooth transitions”

**Number 4** – Develop skill in self-regulating strategies to channel nervous energy, such as breathing and tension releasing exercise.

**Number 5** – Commit to a positive and confident attitude by using reminders like “you got this!” or “have fun and enjoy the ride.”





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# Judges Discuss How to Improve Horsemanship Scores with Stephanie Lynn

Taken from gohorseshow.com

Horsemanship is defined as the skill or art of riding a horse – a rather elementary definition considering today's complicated patterns. Years ago, horse show exhibitors rode only on the rail in horsemanship classes. But as our riders' skill level has increased, so too has the need to intensify the procedures used to evaluate riders. Yet at the base level, horsemanship really is simply the skill and art of riding a horse.

Today's classes consist of long, difficult and often complex or tricky maneuvers combined in a pattern designed to test each rider. While the class itself has evolved into a pattern class with a series of intricate maneuvers, judges are still evaluating your ability to ride your horse. The patterns are designed to test this skill: your ability to effectively communicate and connect with your horse.

As such, the judges I spoke with did not come up with quick tips for improving your scores. Instead they go back to the age-old adage – there are no shortcuts to good riding. It takes time in the saddle, sweaty saddle pads and hours of practice. Each had some practical advice for how you can achieve better horsemanship skills. Improving your horsemanship skills is the only way to improve your scores!

**Kelly McDowall – Shorten up:** Kelly's suggestion is to shorten your reins. "There should be no drape to your reins in horsemanship. If you have to pick your hand up more than a couple of inches to make contact, you need to shorten your reins," Kelly stated emphatically. "The basic idea of horsemanship is to communicate with your horse. This is accomplished through the contact or connection with both your hand and your legs. If

one of those pieces is missing, then you are riding what I call a loose horse, to me that means you are just herding it around hoping it doesn't mess up. This means that you are not fully in control or communicating with your horse to the fullest extent, otherwise know as a lack of connection."

**Karen Graham – Get connected:** Karen agrees, "It's all about the connection. I honestly feel if the horse and rider are connected, the smoothness of the pattern will outshine any weaknesses or flaws." In fact, the best riders, those that are truly connected, anticipate and prevent problems from happening. A strong rider may have an average lead change on a green horse, but a lesser rider would not have the feel to properly set the horse up much less achieve a flying lead change.

**Sandy Campbell Jirkovsky – Know your horse:** For Sandy, the theme runs parallel, "There are many ideas about improving your pattern scores in horsemanship, but I think the most important way to improve your score is to know your horse and your ability." It goes back to our definition of horsemanship, "Know where your horse's strong points are and show that off and stay softer on your weaker points. Know how many strides make a round equal circle at the lope or jog. Know where your transitions are the strongest and focus on your best points. Doing your homework at home will give you the added confidence to go perform a precise pattern in concert with your horse."

**Michael Colvin – Maintain the correct cadence:** When judging, Michael says he often sees riders who go "so slow their horses are not holding the correct cadence in their lope." He thinks that a change in cadence for some could "dramatically change the outcome. Keeping the correct rhythm is not only more pleasing to the eye, it is the only way you can earn credit." He does not want a rider to sacrifice control – something he appreciates. However, Michael does want riders to understand that achieving the correct cadence is part of the test. If you are looking for something to get the judge sitting up in his chair, establish and maintain proper cadence

throughout all your maneuvers. “When the pattern calls for a small slow, it really means a normal, cadenced lope. Many riders ride a large fast in a normal cadenced lope then take the rhythm out of the lope in their small circle exaggerating the slowness. This is simply not correct and it is not attractive to watch.” Keep the rhythm riders!

**Mark Sheridan** – *Ratability*: Building on Michael’s point, Mark finds, “When it comes to horsemanship patterns, I usually ask for a large fast circle for the advanced riders. The more advanced age groups, and amateur riders are the classes where I want to see more separation

in the riders’ scores. The trend that I see at most of the shows that I judge, is to sit tight in the saddle and fake the gallop. I see many riders lean forward and pump their hands like they are riding a reiner, but are not going any faster than a slow lope.” Mark feels that horsemanship is a stepping stone for a the reining and “having a rider/horse combination that has a throttle to speed up and slow down with control is very important. I also feel as a trainer, that lead changes are also an important part of any pattern. With the level of competition today, one must be able to change leads efficiently, and have control to speed up and slow down when necessary.”



~ Hannah & Kenny Searle ~

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2016.

Looking forward to the  
upcoming show season!



# EGGS



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