

MQHA

MARITIME QUARTER
HORSE ASSOCIATION

JOURNAL



May 2019

www.maritimeqha.com

Your 2019 MQHA Board of Directors

maritimeqha@outlook.com

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Nasonworth, N.B.

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Sponsorship

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Committee chair: Youth

A Message from the 2018 MQHA President

Greetings,

Well it looks like we may finally have seen the end of our long, drawn-out winter. I'm sure many thought it would never end. The weather is finally cooperating and many are able to get outside and ride and enjoy longer, warmer days. Many riders are attending clinics and preparing themselves and their equine partners for the upcoming show season.

2018 was a year of growth for MQHA. The decision was made to forgo our Rookie division to encourage more to show at the Youth and Amateur level and we saw great growth in the size of those classes. It was also so encouraging to see the numbers of novice youth and small fry increase as well. It's hoped that our numbers will continue to increase for the 2019 show season.

I would like to extend a warm welcome to our newest board members: Shirley Bourque, Laura Robertson, Keylor Perry, Tanya Hoeg and Taylor Folkertsma. They are full of great ideas and working hard to get organized for the show season. We look forward to working together to make this show season the best yet.

MQHA is hosting two shows this summer – July 5-8 and August 2-5. Many thanks to the Paint Club for including us and having MQHA and AQHA pointed classes at their show the first weekend in September.

We are very excited to announce that we have hired a professional show manager for this show season, Marge Tanner from Webster, New Hampshire. Marge has over 30 years of show management experience including some of the largest AQHA shows in the Northeast, including Region 6. Please join me in showing Marge a very warm Maritime welcome.

MQHA is always looking for volunteers to help out at our shows. If you're interested please contact any board member. Please do not hesitate to contact any of our board members with your questions or concerns regarding any MQHA events and shows. Come out and support your club!!

Best wishes for a wonderful 2019 show season!!

Sincerely,

Peggy Blackwell, MQHA President

Spring Journal Highlights

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Editor's note

I am happy to say that this year I am going to be making up the MQHA journal. Aside from the journal, I am also helping the show committee this year as well. Hopefully everyone has had a good winter preparing for show season and I hope to see lots of you out at the equine review and our MQHA show's this summer!

Sincerely,

Laura Malenfant



Introducing our Newest MQHA Board Member's for 2019



My Name is Taylor Folkertsma, I'm new to the MQHA board of directors for 2019. I live in Lantz, Nova Scotia and have newly started operating TF Show Horses in Stewiacke, NS where I offer training, boarding and riding lessons. I grew up on a Dairy farm where we also kept my horses and worked I for my father. I was lucky enough to have access to some great coaches and trainers over the years who have all taught me lots; Jeff Temple, Shauna Maclean and Herb Best. I began showing horses with MQHA when I was 13 on horses such as Cee Otoes Perfection, Absolutamente, Hes Only Dreaming, and Its Good to B Golden and am excited to get my new mare Suddenly Im Krymsun in the pen. MQHA is a great club that I'm proud to be a part of and bring my clients too. I hope that it continues to grow for many years. Can't wait to see everyone this summer and wish everyone good luck this show season, hopefully 2019 is the best yet!

Laura has been involved in horses since the early age of 6 while living in Ontario. Her love of horses continued when her family and she moved to Pictou County where she currently resides. She got her first horse at 12 and begun showing local shows and exhibitions. In 2009 she purchased her gelding OHK Pininfor Krymsun more affectionately known as "Bennie". Over the past 10 years she has enjoyed showing him on the Quarter Horse circuit, together accomplishing multiple circuit All Around's, AQHA Champion and Superior Awards. Showing horses has led to meeting many great people and friends. She is excited for the opportunity to be part of the MQHA board of directors and looks forward to 2019!



Shirley Bourque has been showing with her family at PLP, for eighteen years. Now retired, her working career, include banking and real estate sales. She served on the national board of Consumers' Association of Canada. This affiliation led to freelance consumer related news on CBC radio. Spending time at the barn with Classy Trouble Maker (Sully) and having fun with barn friends is her favorite past time. Her photo scrapbook is a labor of love and reminisced by family and friends.



Hello Everyone!!
My name is Tanya Hoeg and I'm looking forward to working with the MQHA Board of Directors for 2019 show season.

Hi everyone, I'm Keylor Perry, and I sit on the board of directors for the MQHA as a part of the show committee. Having successfully shown as a youth for a number of years, I had the wonderful opportunity of being MQHYA's president in 2018. This year, I look forward to showing in the amateur events, and I am very excited to be a part of making 2019 a fun and successful year for all!



MQHA's Communication Corner



COMMUNICATIONS CORNER

MQHA strives to better communications. We are listening to you.

Objectives

- Gain new membership through advertising
- Retain current sponsors and obtain new sponsors
- Promote the American Quarter Horse breed in the Maritimes.
- Communicate with members frequently regarding the association and activities

Actions

- Redesign website so content can be updated quickly
- Increase interaction on social media
- Use email to update members
- Refresh the Journal
- Conduct online survey
- Promote our sponsors
- Ask for suggestions from our members

VISIT OUR WEBSITE
MARITIMEQHA.COM



US ON FACEBOOK
facebook.com/maritimeqha

Jason Routledge is our communications director again for 2019! We are thankful to have him on the board as he works very hard to keep our Facebook and website pages running and making sure they are updated!



What's Ahead for the MQHYA Members?

MQHA has three great people on the youth committee for 2019. I would like to introduce them as I think they have some great stuff planned for the youth this summer! Tanya Hoeg, Laura Roberston and Taylor Folkertsma welcome to board for 2019!



A message from the youth committee:

Looking forward to 2019 we are hoping for a summer that the MQHA youth can all feel involved in and enjoy! We are aiming for events at both MQHA shows that the youth can participate in with and without horses and would love to have any input as to what our members would like to see. At this year's Equine Review MQHYA will be running a booth with food, snacks and beverages for sale (proceeds going to MQHYA). As well as running the used tack sale and selling raffle tickets!! Anyone looking to help us out is welcome and would be greatly appreciated. If you are able to attend Equine review stop by the booth to visit, chat or ask any questions regarding this season! For more information feel free to contact Laura Robertson, Tanya Hoeg, Stephanie Rafuse, or Taylor Folkertsma. Working together with our youth members we hope to make this season an enjoyable one for all!!





Maritime Quarter Horse Association

Lynne Keith

MQHA Board of Directors, Secretary

MQHA 2019 Show Secretary

77 Kiersteadville Rd, Kingston, NB, E5N 1M5

May 2019

Dear Potential Show Sponsor;

At Princess Louise Park in Sussex, New Brunswick on July 5,6,7 & 8th and August 2,3,4 & 5th, 2019 Maritime Quarter Horse Association will be hosting two horse shows, the Summer Classic and Summer Sizzler respectively. This brings up to 80 horses and their show families to the community.

We are currently looking for sponsors for our show. We are offering a special sponsorship package of \$100. For this amount you will sponsor 2 classes during the weekend. For only \$150 you will be a sponsor of both our Summer Classic and the Summer Sizzler!

Your business will be announced up to 5 times as a sponsor per show.

We also will post a business logo with your business phone number on our class list. The class list is looked at up to 500 times a day by horse show exhibitors, their families and spectators who come to see the event.

The sponsorship will also be advertised on our Maritime Quarter Horse Association website as a sponsor but also on the class list which is posted on the website and in our newsletter.

This is an amazing opportunity to post your address and business hours for newcomers to the area.

Another idea would be to offer a coupon or discount for your business to introduce your products/services to new potential customers.

This is the first time we are offering this option and would love to have your business in the MQHA Show family!

We also have other opportunities for sponsorship that I would love to discuss with you.

Thanking you in advance for your consideration.

Lynne Keith

Travelling MQHA Members



Congrats to Kiara O'donnell on her top 10 placing at 2018 Congress on her 2yr old BlazingOneOnly!



Congratulations to Ellen Marshall on her finalist placing at the 2018 Congress!



Audrey Hoeg and her horse Hey Green Eyes competed at the 2017 All American Quarter Horse Congress and did an excellent job representing MQHA!

***If there are more members who showed internationally and were not mentioned in this journal please let us know at maritimeqha@outlook.com so they can be included in the next journal!**

Making it Stick: Eight Ways to Memorize Patterns

Taken from: POSTED BY JASON KERKHOF FOR GOHORSESHOW ON MARCH 12, 2019 IN [GENERAL NEWS](#), [NEWS](#), [OUR COMMUNITY NEWS](#)

Everyone has a learning style that works for them; some people are visual, some auditory and others might be kinesthetic.

While knowing your learning style would be helpful in cases like memorizing a pattern, the key takeaway is that there is more than one way to reach that goal.

Here are eight suggestions for memorizing those tough to learn patterns.

Say it out loud

As obscure as this might sound, saying the pattern out loud can be a great way to get a pattern in your head. “Much like studying, sometimes it’s easier when you hear the words spoken aloud rather than reading it,” says AQHA Professional Horseman Whitney Lagace of Whitney Ridge LLC located in Connecticut. With her multiple World Show titles and Congress record-breaking scores, she would know, because “sometimes just seeing it on paper isn’t enough.”

Take a walk

The good ol’ tried and true method of learning a pattern is by walking it. “When I walk the pattern, I like to go over a plan as if I was showing with my horse. As I walk, I think about where I can push my horse and where I may have to help him out a bit. I look for marks in the pen to aim for, so that I can create the best path possible,” says Canadian Hannah Buijs, a current NCEA Rider for Fresno State, who has placed well at major shows including the AQHYA World Championship Show.

Buijs adds, “Even when you can’t walk the pattern in the show pen, setting up cones in the barn aisle is just as sufficient, and solidifies the pattern in your mind. Walking is a great way to deepen your memory of the pattern, and also develop a plan to ensure you and your horse will have the best pattern possible.”

Break it into sections

What happens when you’re in the middle of the pattern, and you go blank for a split second? Do you have time to recite the pattern starting at the first obstacle before you go off pattern?

This is the reasoning behind this next tip from top Canadian trainer and AQHA Professional Horseman, Kathryn Stanton, of Stanton Show Horses in Orillia, Canada. “Being able to pick up a pattern from any point on pattern is crucial to success in the show ring. When you finish your fan, and you can’t remember if you go left or right, you need to be able to think quick.”

Being able to recite the pattern beginning at any obstacle will only better your chances at success. So practicing this when learning the pattern is essential. Run through the pattern in your mind until you feel confident in where you’re going.



Word association and rhymes

Word association, rhymes and alliterations are all your friends when trying to remember patterns. “Whether it’s ‘left after the log’ or ‘keep right a smidge after the bridge,’ these can all be tools to use when trying to remember your path. “Maybe there is a red pole in the pattern, and there is a halt right after it, you can associate the red with stopping, just like a traffic light, the possibilities are endless,” says Lagace.

What’s next?

“One of the best habits to get into is always to be thinking ahead. Don’t get caught up thinking about how you could’ve improved something or how

something didn't go according to plan. These are things to do outside the ring," says top amateur rider Sarah Black, of Orangeville, Canada, who has received multiple top ten finishes at the All American Quarter Horse Congress.

By asking yourself 'what's next?' when finishing an obstacle, you are building a habit of always looking ahead and planning your next step.



Use colors

For colors, this can work in two ways. First, you can remember your path by the color of the poles, jog red pole, lope green, halt after blue.

The second way you can use color is by using markers and drawing the lines you will ride on your printed pattern. So green could be the walk, yellow – jog, and orange – extended jog, this would help you visualize where you ride the pattern and at what gait. "Keep consistent with your colors throughout the year to avoid any confusion," adds Sarah Black.

Get artistic

Another great way of getting the course to stick in your mind, especially if you like visuals, is to draw the pattern. All you need for this is a pen and paper. "By drawing out your path and where the poles or cones will be, you'll quickly be able to remember how the pattern is designed and flows," says Whitney Lagace.

Give yourself time

One of the most critical pieces of advice is to give yourself the time needed to memorize a pattern. "Keep an eye on when the patterns get posted for each show and get your copy as early as possible," says Kathryn Stanton.

By getting the pattern early and giving yourself time to memorize the pattern, you are setting yourself up for success.



Article Link:

<https://gohorseshow.com/2019/03/making-it-stick-eight-ways-to-memorize-patterns/>



Come join the 15th annual MQHA Equine Review! Clinics to watch, vendors to shop at and a great used tack sale put on by the youth! Don't forget to come join us Saturday night at 7pm for the extreme trail challenge that has \$500 added!

 A large poster for the MQHA Equine Review 2019. The top half features the event title "MQHA Equine Review 2019" in a large, elegant script font, with "May 4th-5th" below it. The location "Princess Louise Park Show Center, Sussex, N.B." is listed. The poster is divided into sections for "CLINICS" and "FEATURES". The "CLINICS" section lists "Headlining clinician Jeremy LaRose!" and "Also! Marci Powell Clinic, M & N Extreme Trail Clinic, East Coast Rodeo Assoc, Jeff Madsen Clinic". The "FEATURES" section lists "Used Tack Sale, Breed Clubs, Tack Shops, Equine Services, Over 60 vendors inside!". A small inset photo shows a person riding a horse. A box highlights the "Extreme Trail Challenge \$500 ADDED! Saturday 7pm". The bottom section lists the admission: "\$5.00 daily admission or \$8.00 for the weekend, Children under 6 free, Audit clinics included in admission". The bottom right corner includes the MQHA logo, the website "maritimeqha.com", and the Facebook link "facebook.com/equinereview". The phrase "SO MUCH TO SEE!" is written in a large, bold, slanted font across the bottom right.

MQHA Equine Review 2019
May 4th-5th
Princess Louise Park Show Center
Sussex, N.B.
Doors open at 9am

CLINICS
Headlining clinician
Jeremy LaRose!

Also!
Marci Powell Clinic
M & N Extreme Trail Clinic
East Coast Rodeo Assoc
Jeff Madsen Clinic

FEATURES
Used Tack Sale
Breed Clubs
Tack Shops
Equine Services
Over 60 vendors inside!

Extreme Trail Challenge
\$500 ADDED!
Saturday 7pm

\$5.00 daily admission or \$8.00 for the weekend
Children under 6 free Audit clinics included in admission

Full schedule at
maritimeqha.com

facebook.com/equinereview

SO MUCH TO SEE!

Important Show Dates for 2019

MassQHA: May 15-19, West Springfield, MA

Colour Classic: May 24-26, Windsor, N.S.

MeQHA: May 24-37, Skowhegan, ME

Summerama QHA Circuit: June 29-July 3, Lindsay Ontario

MQHA: July 5-8, Sussex, N.B.

AQHA Region Six Super Six: July 16-21-West Springfield, MA

MQHA: August 2-5, Sussex, N.B.

Summer Circuit: Aug 9-11, Lindsay, Ontario



MQHA Summer Classic 2019

Show Manager: Marge Tanner Show Secretary: Lynne Keith
AQHA Judges July 5 & 6 2019 – Nancy-Sue Ryan and Andrea Simons
July 7 & 8, 2019 Kim Myers & Dan Trein

Friday & Sunday Classes 8:30 AM start

1. AQHA Yearling Stallions
2. AQHA Two Year Old Stallions
3. AQHA Three Year Old Stallions
4. AQHA Aged Stallions
5. AQHA Performance Halter Stallions
OP GRAND & RESERVE STALLIONS
6. AQHA Amateur Yearling Stallions
7. AQHA Amateur Two Year Old Stallions
8. AQHA Amateur Three Year Old Stallions
9. AQHA Amateur Aged Stallions
10. AQHA Amateur Performance Stallions
AMATEUR GRAND & RES. STALLION
11. AQHA Yearling Mares
12. AQHA Two Year Old Mares
13. AQHA Three Year Old Mares
14. AQHA Aged Mares
15. AQHA Performance Halter Mares
OP GRAND & RES. MARES
16. AQHA Novice Youth Mares All Ages
17. AQHA Youth Yearling Mares
18. AQHA Youth Two Year Old Mares
19. AQHA Youth Three Year Old Mares
20. AQHA Youth Aged Mares
21. AQHA Youth Performance Halter Mares
YOUTH GRAND & RES MARES
22. MQHA Novice Amateur Mare All Ages
23. AQHA Amateur Yearling Mares
24. AQHA Amateur Two Year Old Mares
25. AQHA Amateur Three Year Old Mares
26. AQHA Amateur Aged Mares
27. AQHA Amateur Performance Halter Mares
AMATEUR GRAND & RES MARES
28. AQHA Yearling Geldings
29. AQHA Two Year Old Geldings
30. AQHA Three Year Old Geldings
31. AQHA Aged Geldings
32. AQHA Performance Halter Geldings
OP GRAND & RES GELDINGS
33. AQHA Novice Youth Geldings – All Ages
34. AQHA Youth Yearling Geldings
35. AQHA Youth Two Year Old Geldings
36. AQHA Youth Three Year Old Geldings
37. AQHA Youth Aged Geldings
38. AQHA Youth Performance Halter Geldings
YOUTH GRAND & RES GELDINGS
39. MQHA Novice Amateur Geldings – All Ages
40. AQHA Amateur Yearling Geldings
41. AQHA Amateur Two Year Old Geldings
42. AQHA Amateur Three Year Old Geldings
43. AQHA Amateur Aged Geldings
44. AQHA Amateur Performance Halter Geldings
AMATEUR GRAND & RES GELDINGS

*****15 Minute Break/Warmup*****

45. MQHA Novice Youth W/J Showmanship
46. AQHA Novice Youth Showmanship
47. AQHA Youth Showmanship
48. MQHA Novice Amateur W/J Showmanship
49. AQHA Novice Amateur Showmanship
50. AQHA Amateur Showmanship
51. MQHA Lead Line (8 & under)

*****Lunch Break 60 Minutes*****

300.FUTURITY – OPEN HUNTER UNDER SADDLE FRIDAY - \$250 ADDED

52. AQHA Green Hunter Under Saddle
53. AQHA Junior Hunter Under Saddle
54. AQHA Novice Youth Walk/Trot HUS
55. AQHA Novice Youth Hunter Under Saddle
56. AQHA Youth Hunter Under Saddle
57. AQHA Novice Amateur Walk/Trot HUS
58. AQHA Novice Amateur Hunter Under Saddle
59. AQHA Amateur Hunter Under Saddle
60. AQHA Senior Hunter Under Saddle
61. AQHA Novice Youth Walk/Tr Hunt Seat Eq.
62. AQHA Novice Youth Hunt Seat Equitation
63. AQHA Youth Hunt Seat Equitation
64. AQHA Novice Amateur Walk/Tr Equitation*
65. AQHA Novice Amateur Hunt Seat Equitation
66. AQHA Amateur Hunt Seat Equitation

MQHA Summer Classic 2019

Show Manager: Marge Tanner Show Secretary: Lynne Keith
AQHA Judges July 5 & 6 2019 – Nancy-Sue Ryan and Andrea Simons
July 7 & 8, 2019 Kim Myers & Dan Trein

Saturday & Monday Classes 8:30 am Start

302. FUTURITY – OPEN TRAIL MONDAY - \$250.00 ADDED

- 67. AQHA Green Trail
- 68. AQHA Novice Youth Walk/Trot Trail
- 69. AQHA Novice Youth Trail
- 70. AQHA Youth Trail
- 71. AQHA Novice Amateur Walk/Trot Trail
- 72. AQHA Novice Amateur Trail
- 73. AQHA Amateur Trail
- 74. AQHA Open Trail

*****20 Minute Lunch Break/ Warm up*****

304. FUTURITY – NON PRO WESTERN PLEASURE MONDAY - \$250.00 ADDED

- 75. AQHA Green Western Pleasure
- 76. AQHA Junior Western Pleasure
- 77. AQHA Novice Youth Walk/Jog Western Pleasure
- 78. AQHA Novice Youth Western Pleasure
- 79. AQHA Youth Western Pleasure
- 80. AQHA Novice Amateur Walk/Jog Western Pleasure
- 81. AQHA Novice Amateur Western Pleasure
- 82. AQHA Amateur Western Pleasure
- 83. AQHA Senior Western Pleasure

301. FUTURITY – YOUTH HORSEMANSHIP SATURDAY \$250.00 ADDED

- 84. AQHA Novice Youth Walk/Jog Horsemanship
- 85. AQHA Novice Youth Horsemanship
- 86. AQHA Youth Horsemanship
- 87. AQHA Novice Amateur W/J Horsemanship
- 88. AQHA Novice Amateur Horsemanship
- 89. AQHA Amateur Horsemanship
- 90. AQHA Green Western Riding
- 91. AQHA Novice Youth Western Riding
- 92. AQHA Youth Western Riding
- 93. AQHA Novice Amateur Western Riding
- 94. AQHA Amateur Western Riding
- 95. AQHA Open Western Riding
- 96. AQHA Open Ranch Riding
- 97. AQHA Novice Youth Ranch Riding
- 98. AQHA Youth Ranch Riding
- 99. AQHA Novice Amateur Ranch Riding
- 100. AQHA Amateur Ranch Riding

All Futurities are open to APHA & AQHA Horses

See Futurity Rules for Full details!!

July 5 – Friday

300. Open Hunter Under Saddle Futurity
\$250 Added – entry fee \$30.00

July 6 – Saturday

301. Youth Horsemanship
\$250 Added – entry fee \$30.00

July 8 – Monday

302. Open Trail
\$250 Added – entry fee \$30.00

303. Non Pro – Western Pleasure
\$250 Added – entry fee \$30.00

*** Futurities will not run with less than 3 entries. MQHA membership required to participate in futuries

MQHA Membership Form – Year _____

New Application	Renewal
<input type="checkbox"/> Individual Membership (\$30)	<input type="checkbox"/> Individual Membership (\$30)
<input type="checkbox"/> Family Membership (\$40)	<input type="checkbox"/> Family Membership (\$40)
<input type="checkbox"/> MQHYA Membership – add \$5 per youth	<input type="checkbox"/> MQHYA Membership – add \$5 per youth

NOTE: A family membership consists of two adults and youth aged children all residing in the same household

Please indicate the category of each individual using the category codes as follows:

Q A- Amateur **A**- Amateur - Novice Amateur **YY**- Youth - Youth **NY**- Novice Youth

Last Name	First Name	Date of Birth (Youth Only)	Category	Fee Paid	Youth Fee Paid (Y/N)

Contact Information

Address:		City:
Prov:	Postal Code:	Ph:
Email:		

Do you wish to receive your newsletter via email? Yes/No

Are you interested in sponsoring a class at one of our shows? \$30 each or 4 for \$100 Yes/No

Which class? _____

Would you like to be a MQHA Sponsor? _____

The MQHA is committed to ensuring the privacy of its member's personal information. The information provided on this form allows the MQHA to inform you about events and activities and to notify you of issues, events or special offers which may be of interest to you. By becoming a member, you are giving the MQHA permission to contact you by way of the information you have provided. The information on our membership list will be kept confidential and is only made accessible to members of the MQHA Board of Directors in order to conduct MQHA business and will not be available for outside commercial purpose. By signing this form you agree to these terms on behalf of yourself and any other family members listed above.

Signature: _____ Date: _____

Membership applications will be processed upon receipt of the appropriate fees. Make cheque payable to:
Maritime Quarter Horse Association

Email forms to maritimeqha@outlook.com or mail to:
Lynne Keith, 77 Kiersteadville Rd, Kingston, NB, E5N 1M5
Email transfer payment: payments@maritimeqha.com

MQHA Show Book: Checklist

To help our office staff, please review the following checklist before you leave home & ensure you have everything you need for a stress-free horse show.

Booking Stalls

Stalls are to be booked with the show manager prior to arrival on the show grounds. Cancellation of stalls must be done by the Monday of show week to avoid being charged. Any stalls booked and not cancelled by the Monday deadline will be charged 50% of the stall fee. The barns open the day before the show starts at 8 am. Arrival before this time **must be arranged in advance with the show manager.**

Entering the Show

Please send in all your entry information and payment before the show. EMAIL mlynnkeith@gmail.com, or online submission at www.maritimeqha.com this will make your registration at that show run much smoother and quicker. Horses and riders must be registered, and classes and fees paid for prior to being allowed to compete. Competitors may add classes at the office throughout the weekend if they chose to do so. It is the exhibitors' responsibility to know the AQHA and MQHA rules. AQHA rule books are free when requested from AQHA once your membership has been paid.

Performance Halter Entry

Proof of ROM for Performance Halter – you must provide proof of ROM with your entry. The show office will not go online to retrieve this info on your behalf at the show. If you do not have proof of ROM, you will not be able to enter Performance Halter

Futurity Entry

All MQHA Futurity and Stakes Classes **MUST** be entered at the latest the night before the first go of the class. **NO EXCEPTIONS.** Futurity & Stakes classes will require a minimum of 3 entries to be run. If there are less than 3 entries, the futurity class will be cancelled and futurity entry fees refunded to exhibitors.

Memberships

Remember – to ensure all your points count towards MQHA Year End Awards, the exhibitors and horse owner **MUST BE AN MQHA MEMBER BEFORE YOU SHOW.** You and your horse become eligible once your membership has been paid. Membership forms are available in the show office during shows, as well as on the MQHA website. www.maritimeqha.com

When you arrive at the show grounds

Once you locate your stall, please check in at the show office. Each exhibitor must present:

AQHA registration papers for each horse being shown

*AQHA Membership card **if you forget your membership, you must purchase another membership at the show. AQHA tries to ensure memberships purchased at shows are credited to your account thus extending your membership by the amount of time you purchased, however this is not guaranteed.*

Proof of AQHA lease arrangement if showing a leased horse as per AQHA rules.

Payment must be made with the office upon registering for classes the evening before the show begins.

NSF Policy

A fee of \$40.00 will be charged on all NSF payments in addition to replacement of the original amount. This payment must be made in cash/email transfer. Further payments to MQHA for the remainder of the year by that person must be in cash or email transfer.

Unsettled Accounts

All accounts must be settled in full with the office prior to competing. Person(s) departing the show grounds with an unpaid MQHA Account will have their accumulated MQHA points voided and may be reported to AQHA, resulting in membership suspension. Subsequent bills in the same year MUST BE PREPAID. This applies to all fees including tack stalls and electrical hookups.

General Show Rules

Youth – is 18 years of age & under as of January 1st of the show year
have the appropriate AQHA Youth/Novice Youth membership card or purchase at show

Youth/Novice

Stallions are NOT permitted in Youth Classes. NO EXCEPTIONS

Maritime Quarter Horse Association is an affiliate of AQHA. All shows will be run in accordance with AQHA rules. It is the exhibitor's responsibility to know the rules.

Amateurs/Novice Amateurs must show valid Amateur/Novice Amateur Card or apply at show. Amateurs must comply with ownership rules per AQHA Rulebook.

Leases as applicable per AQHA rules re: showing non-owned horse are required and must be provided to Show management. Leased horses are eligible for Year End Awards with MQHA, same membership rules apply.

Fees & Stall Info

Hay & Feed will NOT be available at the show. Bedding is available for purchase directly from PLP Show Park Staff.

Waiver: All exhibitors and owners (parents of exhibitors under 18 years of age), must sign a waiver stating sponsors, organizers, staff, MQHA, AQHA do not assume responsibility for accident or illness to horses, attendants, riders, spectators, or others on the property or loss of/damage to equipment or personal belongings and that you assume all risks.

Fees:

Box Stall - \$25/day Grounds Fee \$25/day Extra Night Stall \$25/day Tack Stall \$25/day Double Stall (barn 1-4) \$45/day Stalls **Barn 5** \$45/day Tack Stall **Barn 5** \$45 day Office Fee \$10/judge Electrical (2 way) \$25/day Electrical (3 way) \$35/day Drug Fee \$4/horse/judge AQHA Fee \$7/judge Class Fee \$10/judge

PLEASE NOTE: If you are parked in a spot where hookup is available, you will be charged hookup fees. Dry camping is limited but available in the parking lot and behind Barn 4. "Piggybacking" of hookups will be charged per unit connected to the trailer parked in the space. Example: Mark plugs into Robb's trailer for 2 days, Robb will be charged for 2 hookups for 2 days.

****If an exhibitor shows in a Performance class, they are able to enter the coinciding halter class for free.***** Exhibitors competing in the Walk/Jog classes are not permitted to lope ANYWHERE ON THE GROUNDS

Futurity & Stakes Classes Rules

1. Futurities and Stakes Classes are open to Registered AQHA & APHA horses
2. Both the Owner and Exhibitor MUST be current MQHA members. MQHA Futurity/Stake Exhibitor Requirements: an individual/handler may not show an entry in a Futurity/Stake Class for which the exhibitor would require an AQHA permit to exhibit the entry in a regular AQHA class. (Novice, Youth, and Amateurs please take note). A leased horse may be shown in the open Futurity classes, see Lease requirements in Show Rules.
3. Owners, exhibitors and parent or guardian of exhibitor or owner are under 18 years of age, are required to sign a waiver.
4. All Futurities/Stakes Classes EXCEPT Yearling Lunge Line, will be one go, double judged. Payouts will only be issued for the amount that is in the class. EXAMPLE: If there are only 3 exhibitors in the class, the money added and entry fees will only be paid out to the /exhibitors in the class. The remaining amount will be retained by MQHA.

5. Entry Deadline for these classes is no later than the evening before the 1st go. Fees will be added to your show bill. There are no refunds for scratched futurity classes.
6. Placings will be calculated by converting each judge's placings into numerical scores. (see chart below) If the combined score results in a tied placing, then a tie-breaking judge will be used. First place ties will be broken.
7. 20% of Entry fees will be retained by MQHA to support expenses.
8. Dispersal of Prize money is as follows: 1st Judge 25%, 2nd Judge 25%, Overall 50% 1st 38%, 2nd 22%, 3rd 15%, 4th 11%, 5th 8%, 6th 6%
- 9.

1 st 120	6 th 55	11 th 15
2 nd 105	7 th 45	12 th 10
3 rd 91	8 th 36	13 th 6
4 th 78	9 th 28	14 th 3
5 th 66	10 th 21	15 th 1

Lead Line 8 & Under Rules

1. Lead Line competitors must be 8 years or younger as of January 1 of the show year.
2. Horses to be shown at the walk in both directions of the ring. At the judge's discretion, the ring may be halved. Horses will be shown in proper tack for Western or English and will be led by a person with a halter and lead. As per AQHA Rules exhibitors must have their feet in the stirrups. "Buddy Stirrups" are permitted. Reins will be held by the exhibitor. Exhibitors will show a suitable attire for Western or English.

MQHA Year End Awards

Eligibility & Requirements

1. Horses become eligible for year end awards when owners and exhibitors membership has been paid in full for the year. A horse purchased from a non-member becomes eligible for points only from the date of purchase by MQHA member. Transfer of ownership between members will not alter Open points. Points accumulate only after membership has been paid. NO EXCEPTIONS!
2. For a horse to be eligible for an award, the class must be offered at and shown in at least 60% of the MQHA pointed shows. Please note the number of shows is based on the individual days and will be rounded up or down at the 0.5 mark.

2019 MQHA Pointed Shows

For 2019 the qualifying number of shows/judges will be SEVEN (7)

Date	Show Format	Value of # of Shows
July 5 – 8, 2019	Split Combined, Double Judged	4 shows
August 2 -5, 2019	Split Combined, Double Judged	4 shows
August 31-Sept 1, 2019	**MPHC Hosted Show 3 Judges	3 Shows
Total Eligible Judges		11

3. It is the responsibility of the exhibitor to advise the point secretary of any change in ownership.
4. Points will be based on the following: Horses placing in the top 10 will be given a point for each horse placing below them, plus one point. Not to exceed 10 points EXAMPLE: in a class of 10 horses, 1st place receives 10 points, 2nd place receives 9 points, etc
5. Grand & Reserve could receive additional points. The Grand Champion horse must receive

one point more than any other horse in the same sex division, and the Reserve horse must receive one half points more than any other horse in the same sex division, except the Grand horse. These additional points are not awarded for the individual class but to the overall division awards.

6. All Around points for each horse in the Open division and each horse/rider combination in the Amateur, Youth & Novice divisions are then added together to obtain the overall year-end awards.
7. In order for a horse to be eligible for MQHA Year End All Around (High Point & Reserve High Point) they must: a. Compete in at least 3 division classes per show at a minimum of 60% of the MQHA pointed shows. b. Open, Youth & Amateur All Around - Horses **must** show in the halter class of their respective division. c. Novice Halter will not be a required class for Novice High Point All Around.
8. There will be no year end award for Novice Halter classes in 2018.
9. In the event of a tie for High Point Overall Halter in any division, the award will go to the horse earning the most Grand Champions.
10. In the event of a tie for a High Point Class Award, the award will go to the horse with the most first place wins. If there is still a tie, then the award will go to the horse that has shown in the most classes for that event. If a tie still remains, the award will go to the horse with the highest placing under the last judge both horses showed under.
11. High point for Lead Line is based on the exhibitor only. Both rider and horse owner must be MQHA members in good standing for points to count. EXAMPLE: Sally rides Rusty at show # 1, and Snoopy at show # 2, both Rusty & Snoopys owners must be MQHA members, in addition to the exhibitor.

Lunge Line Futurity Guidelines

1. Horses are to be shown in a halter, regular or show type is acceptable.
2. For the longeing demonstration, the only attachment to the halter allowed is the lunge line. The lunge line may not exceed 30' in length, with a snap attached to the halter. The lunge line must hang free from the halter without touching any part of the horse. Lunge whips are permitted. Other equipment is allowed on the horse during the class except for a lead shank during the conformation judging. Mechanical or retractable lunge lines are not allowed.
3. For the conformation inspection, a lead shank such as used in halter or showmanship classes may be exchanged for the lunge line prior to the longeing demonstration.

4. Exhibitors are not to be penalized for using regular halters and plain lunge lines, nor are they to be rewarded for using show halters and plain lunge lines, or show lunge lines. Only movement, manners/expression/way of going, and conformation are being judged. The type of equipment used is not to be a consideration in placing the horse as long as the equipment meets the requirements stated above.

Attire

Conventional Western attire (similar to that worn in Halter or showmanship) is mandatory, except if a prospect is considered to be a Hunter prospect, then conventional English attire is suggested. The type of attire worn by the exhibitor is not to be a consideration in placing the horse as long as the attire meets the requirements stated above.

Gaits: Gaits are to be judged according to the rules for Gaits for Western Pleasure and Hunter Under Saddle classes. **Conformation & Equipment inspection**

Each horse is to be inspected by the judge(s) on conformation, proper equipment and for evidence of abuse or inhumane treatment. It is mandatory that a “trot off” be administered by the judge in the conformation portion of the class prior to lunging. Horses that show evidence of lameness will be excused prior to the lunging demonstration.

******* Exhibitors are asked to have all show entries in by June 21st for the MQHA July show and a deadline of July 19th for MQHA August show. *******



How to Stay Mentally Tough in the Show Pen

POSTED BY LAUREN PURSLEY FOR GOHORSESHOW ON APRIL 16, 2019 IN [GENERAL NEWS](#), [NEWS](#), [OUR COMMUNITY NEWS](#)

We all love to win. It's our competitive nature as equestrians, but what does it mean to you to be a winner?

Trainer Barbra Schulte says, "Winning is consistently doing your personal best with your horse in the show arena. Winning is measured by you, not just by external results."



Schulte is a professional horse trainer, author and personal performance coach. Barbra grew up on a ranch in Southern Illinois where she and her siblings would have the job of riding and later selling performance horses at shows.

Schulte is now inducted into the National Cowgirl Hall of Fame and was the American Quarter Horse Association's National Female Equestrian of the Year in 2000.

Schulte shares the following tips on how to stay mentally tough in the show pen.

What is Mental Toughness?

Also known as mental skills or mental game, being mentally tough means that you calm your emotions on command. "Mental toughness brings emotions to a calm, clear state that is universal to every athlete and person," Barbra says.

Some people assume the mental game is a rare gift; some have it, some don't. Many studies have proven those assumptions wrong. Mental toughness is a trainable skill that benefits every person, equestrian and athlete.

Ideal Performance State (IPS)

Often referred to as being in the zone, the ideal state for athletes to perform is to be, as Barbra says, "supercharged" or at high energy, calm and focused. She states, "You'll know you're in IPS by how you feel." It's when you feel ready to take on the world and full of calm, assured confidence. Believing in yourself is one of the best ways to get into the IPS.

There are three other universal emotions that are felt at the in-gate aside from IPS: tanking, anger and nervousness.

Tanking

Also called blame, tanking the furthest away from being at the IPS. If you keep blaming the problems on someone or something else, you'll never get to the source of the problem.

Barbra reminds us to "Be clear with yourself and seek to understand where you make an error instead of hiding from it. If you look over everything with a broad brush, you won't catch mistakes."

When you make a mistake think "No problem. Next time." Mistakes are a place where you get to learn.

Anger

We all get upset sometimes, but mad is no way to feel walking into the show arena. Although anger isn't your Ideal Performance State, you're closer to being at IPS than when you're blaming something else. When you're angry, you'll feel a little more fired up, determined and strong.

You won't be as focused as when you're in IPS, but you'll have the competitive drive that you need. Barbra says one of the best ways to keep a positive attitude in the show pen is to know "You never compete with others because you can't control what others, such as the judge or fellow competitors, do."

Nervousness

The reason nervousness is the closest to being at the Ideal Performance State is because you're focused on your performance. You are aware of your upcoming job and not as distracted as you are with the other emotions. Being nervous is a normal reaction to high-stress situations.

Barbra's advice for staying more confident in the show arena is to practice as you perform. She says, "You will always have the same job when you practice as when you perform. The only difference is what surrounds you."

Acting Tools

Acting tools are what you do with your body to get in show ready mode. Keeping a posture of confidence with your chin up and shoulders back, gets your mind and body prepared to perform. Having calm, rhythmic breathing can help center yourself and straighten your mind.

Keeping your eyes up and choreographed to where you're going are vital pieces to getting closer to IPS. Barbra says, "Your mind, body and emotions don't know the difference between real or fake." Even if you're not quite at your Ideal Performance State, you can trick yourself into getting there.

Thinking Tools

Thinking tools are what you do with your mind to get better performance. Schulte says, "The number one thinking tool is how you talk to yourself. Tell yourself what you want, never what you don't want." If you're worried about picking up the wrong lead in a performance class, don't think "Oh man. My horse is terrible at getting the correct lead; I know we're not going to get it right."

Instead, try, "We're going to pick up the correct lead and have a fantastic performance and progress so much from last time." Having prepared scripts for tough situations can give you another sense of assuredness.

Visualizing your ride exactly how you want to ride it, or "re-riding" great rides as well as fixing mistakes in your mind from previous trips can help you be more confident about upcoming performances.

Challenges

Maybe there was some drama in the warm-up pen, or you weren't placed as well as you had hoped, Barbra says to ask yourself, "What's my job? What do I have control of?" We all know there are always tough times at shows like a complicated pattern or when an outstanding competitor shows up, Barbra suggests to think, "Bring it on. I love this. If I can do this now, I can do it any time."

Schulte says the most significant challenge she's found equestrians struggle with is "fear of judgment by others. We all want to belong and be connected, and we don't want to be rejected or disconnected because of a ride."

Barbra's advice is to only worry about pleasing yourself. If you worry about pleasing too many people at once, you won't end up happy.

Nobody knows your journey to getting where you are today. We all need to learn to love our own story for what it is and, as Barbra calls it, "Coming home to ourselves." Think of how mentally tough you are as an equestrian. It takes so much tenacity, courage, patience and mental strength to be able to be judged on your ability to communicate with your horse.

Schulte remarked, "You can never lose. You are a winner because you dare to walk in the show pen."

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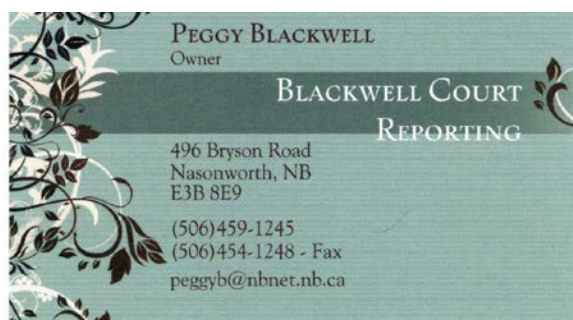
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